# BullböggerS

Dewey Athletic Department #1 Bulldogger Road Dewey, OK 74029

Track Coach: Dan Close (Ext. 224) Athletic Director: David Dodge (Ext. 240)

## GREG THOMAS INVITATIONAL Bulldogger Junior High Track Meet

#### Thursday, April 2, 2015 9:30AM Coaches Mtg.-10 AM Start

### COACHES MEAL (with RSVP)

<u>Entry Fee:</u>	4 divisions @ \$75.00 per division or \$10.00 per individual when less than 4.
<u>Time:</u>	Coaches meeting at 9:30. Field events and running events start at 10:00.
<u>Divisions:</u>	Four Divisions- 7 <sup>th</sup> Boys, 8 <sup>th</sup> Boys, 7 <sup>th</sup> Girls and 8 <sup>th</sup> Girls. (4A and below).
<u>Limitations:</u>	Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.
Field Events:	Three throws in the shot and discus. Three jumps in the long jump.
<u>Awards:</u>	Medals will be given to top three places, and plaques to the top two teams in each division.
<u>Points:</u>	Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.
<u>Equipment:</u>	You must provide your own equipment for field events. We will provide starting blocks. <u><sup>1</sup>/<sub>4</sub> inch spikes or shorter are required.</u>
<u>Format:</u>	Timed-Finals. *** All O.S.S.A.A rules will apply

#### Phone (534-0933 x240 or x241) to guarantee meal & cancellation notice.

School Name		Contact Name	
<b>MS Boys Division</b>	Yes No	Ph #	
<b>MS</b> Girls Division	Yes No	Fax #	
Total # of Coaches			

#### Dewey Jr. High Track Meet-April 2, 2015

#### Field Events

<u>High Jump – 7<sup>th</sup> Girls – 8<sup>th</sup> Girls – 7<sup>th</sup> Boys – 8<sup>th</sup> Boys</u>

Long Jump - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls

Shot Put - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys

Discus - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls

Pole Vault – Boys – Girls

#### **Running Events**

3200 Relay – 7th Girls – 8th Girls -7th Boys – 8th Boys

100 Meter Hurdles – 7<sup>th</sup> Girls – 8<sup>th</sup> Girls

110 Hurdles – 7<sup>th</sup> Boys – 8<sup>th</sup> Boys

400 Meter Relay – 7<sup>th</sup> Girls – 8<sup>th</sup> Girls - 7<sup>th</sup> Boys – 8<sup>th</sup> Boys

800 Meter Run - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys

800 Meter Relay -7<sup>th</sup> Girls -8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys

100 Meters - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys

400 Meters- 7<sup>th</sup> Girls – 8<sup>th</sup> Girls – 7<sup>th</sup> Boys – 8<sup>th</sup> Boys

<u>300 Meter Hurdles -7<sup>th</sup> Girls - 8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys</u>

200 Meters -7<sup>th</sup> Girls -8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys

1600 Meter Run – 7<sup>th</sup> Girls – 8<sup>th</sup> Girls – 7<sup>th</sup> Boys – 8<sup>th</sup> Boys

1600 Meter Relay - 7<sup>th</sup> Girls - 8<sup>th</sup> Girls - 7<sup>th</sup> Boys - 8<sup>th</sup> Boys