



EDMOND SANTA FE HIGH SCHOOL Relay Meet Friday, March 6, 2015 Edmond, Ok.

On behalf of the Edmond Public Schools, we would like to extend an invitation to participate in our track meet. You must e-mail to confirm that you are coming and to verify that there is room.

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on **TrackRoster .com** by completing steps 1-5. The entry deadline for the meet is Monday, March 2nd by 6:00pm. Log into your **TrackRoster** account at: <u>www.trackroster.com</u>

Time Line:

12:30 Coaches meeting (South end of the football field)1:00 All events running and field begin

General:

- 4 event limit per contestant
- Each school may enter 3 individuals per open event
- Each school may enter 2 relays per event. A-team and a JV-team
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Relay teams will be heated up on the south end of the football field
- Awards will be picked up at the press box following the 1600-meter relay
- Medals will be awarded to the top 3 places
- Trophies will be awarded to the top two teams in each division.
- Shot, disc, and the long jump will get 4 attempts.
- \$90.00 per boys and girls teams. There will be 4 divisions. Varsity boys and girls. Jr.Varsity boys and girls

If you plan on attending, you must do the following:

- 1. You must notify Carl Hawkins that you plan to attend (carl.hawkins@edmondschools.net)
- 2. You must have all your athletes listed on TrackRoster.com at least three days prior to meet

Entry Fee: \$90.00 per team. Make checks to: Edmond Public Schools

Mail payment to: Edmond Public Schools Attn: Karen Young 1001 West Danforth Edmond, Ok. 73003 (405) 340-2800





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Order of Events

4x800	Girls-Boys
4x100	Girls-Boys
Distance Med. 800, 400, 1200, 1600	Girls-Boys
4x200	Girls-Boys
Shuttle Hurdles	Girls (100) Boys (110)
Sprint Med.	Girls 100, 100, 200, 400
	Boys 200, 200, 400, 800
4x1600	Girls-Boys
4x400	Girls, Boys
	Field Events
Long Jump	Boys-Girls
High Jump	Girls-Boys
Pole Vault	Girls-Boys
Shot	Boys-Girls
Discus	Girls-Boys