

## **ATTENTION COACHES:** Schools planning to attend this meet must submit rosters to \*\*\*<u>TrackRoster.com</u> Complete Steps 1-5\*\*\* (Roster Only) \*\*\* Entry Deadline – Saturday March 7<sup>th</sup> \*\*\*

\*\*\*All RELAYS will be preheated by times at Coaches Meeting

\*\*\*TEAM CHECK-IN / COACHES MEETING: 9:00 AM \*\*\*FIELD EVENTS BEGIN: 9:15 AM 

\*\*\* 4 DIVISIONS: 7<sup>th</sup> Girls / 7<sup>th</sup> Boys / JH (8<sup>th</sup> / 9<sup>th</sup>) Girls / JH (8<sup>th</sup> / 9<sup>th</sup>) Boys

\*\*\* HEATING: All races will be pre-heated randomly at the HEATING BENCHES. (Relay members will report to their exchange zones when Relay Races are called to the starting line.)

\*\*\* FT Video Timing System for the 100, 200, 100/110 Hurdles, and 300 Hurdles. Sprint 8 Timing System for all other races.

\*\*\* OSSAA Sanctioned Meet \*\*\* / \*\*\* OSSAA & NFHS Rules will apply\*\*\*

#### \*\*\* HOSPITALITY & LUNCH PROVIDED FOR COACHES

Individual Events: 1<sup>ST</sup>– 6<sup>th</sup> / Relay Events: 1<sup>st</sup> – 3<sup>rd</sup> \*\*\*AWARDS:

## \*\*\*RUNNING EVENTS / TIMED FINALS \*\*\*FIELD EVENTS: 4 Throws / 4 Jumps\*\*\*

School: (580) 492-3654 Jor	Hughes	Girls Head Coad - Boys Head Coa os.org FAX #:	ich (580) 583-180		
Please Send, Call, or Fax your e	entries:	Elgin Jr. Owl	_	d Classic	(Tuesday March 10 <sup>th</sup> , 2015)
School:			Coach:		
Phone #:		Home/Cell: (ir	n case of inclement	weather)	
7 <sup>th</sup> Boys @ \$65.0	0	7 <sup>th</sup> Girls	@ \$65.00	# of	Coaches for Lunch
JH Boys @ \$65.0	0	JH Girls	@ \$65.00		
***\$250.00 if Sch	ool Brin	gs all four Div	isions***		
Individuals x \$1	5.00 EA	CH (3 or less)	= \$		
Please send / fax / email:					
Attn: Damon Hitt - A.D. ELGIN PUBLIC SCHOOLS	Elgiı	n Athletic Fax #:	(580) 492-4084		
PO BOX 369 Elgin,OK 73538	ema	ail address: dhit	t@elainps.ora		

email address: dhitt@elginps.org

# ELGIN JUNIOR OWL CLASSIC TRACK MEET TUESDAY MARCH 10th, 2015

# Coaches Meeting: 9:00 AM

#### Field Events Start: 9:15 AM

High Jump	JH Boys, 7th Boys, JH Girls, 7th Girls
Long Jump	JH Girls, 7th Girls, JH Boys, 7th Boys
Pole Vault	7th Girls & JH Girls, 7th & JH Boys (Point Separate)
Shot Put	7th Boys, JH Boys, 7 <sup>th</sup> Girls, JH Girls
Discus	7th Girls, JH Girls, 7th Boys, JH Boys

### Running Events Heating: 9:15 AM

### Running Events: 9:45 AM

400 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
100/110 Meter Hurdles	7th Girls / JH Girls / 7th Boys / JH Boys
3200 Meter Run	JH Girls / JH Boys
800 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
800 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
100 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
400 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Run	7th Girls / 7th Boys
300 Meter Hurdles	7th Girls / 7th Boys / JH Girls / JH Boys
200 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys