

THE CLINTON GROVES
7th & 8th GRADE JARMAN TRACK MEET
Thursday April 2nd, 2015

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is Wednesday, April 1st @ 4pm. (((The meet will be CLOSED at 4pm!)))
No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "ENDURO Entries" website by completing ALL FIVE (5) On-line Steps. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can NOT be entered manually by our timing crew at the meet. - -
- NO exceptions allowed this year. - - - Please log into your ENDURO Entries (TrackRoster) account at: www.enduroentries.com

WHEN & WHERE

The event will be held on **Thursday April 2nd, 2015**. The school address is 5 W. MacArthur Dr, Midwest City, Ok. Access internet sites like www.yahoo.com maps or www.mapquest.com for detailed directions. If you have any questions, feel free to call Coach Parker or Coach Lawson at (405) 739-1771 or email aparker@mid-del.net or nlawson@mid-del.net .

ENTRY FEES

There will be 4 divisions during the meet; 8th Boys, 8th Girls, 7th Boys and 7th Girls. There will be a **\$80 entry fee per division.** Please make checks payable to Jarman Middle School. Please indicate grade, gender and school when making payment, for example 8th Boys & Girls (\$160), 7th Boys only (\$80)

SCORING

Scoring will be 10 pts for 1st, 8 for 2nd, 6 for 3rd, 4 for 4th, 2 for 5th, and 1 for 6th (10,8,6,4,2,1). All events will be timed finals and points are doubled for relays. There will be NO qualifying for field events. Each contestant will be allowed 3 attempts/scratches. The top 6 will count toward team points.

AWARDS

Individual medals will be awarded to the top three places and team trophies will be awarded to the top two teams. All medals and trophies will be handed out at the conclusion of the meet.

IMPORTANT TIMES

8:30 a.m. ó Coaches meeting will be held downstairs in the home locker room.

9:00 a.m. ó First call for running events.

CONCESSIONS and GATE FEES

Hot foods, drinks and snack items will be available for purchase.

Gate fee for all spectators will be ó Adults \$4, Students \$3

RULES

A student may enter up to **four** events in one grade division.

All weather surface- **short spikes only**

All **warm-ups** will be conducted **outside** (south) of the stadium on the practice field.

All spectators are to remain off the infield. Only those participants who are about to run are permitted on the field at any time.

Nothing that will puncture the field is allowed on the turf area. This includes tent stakes.

No sunflower seeds in track and turf area.

In the event an appeal is needed, an appeal committee will be selected during the morning coaches meeting. **The decisions of the appeals committee are final.**

No chairs allowed on track or on turf

All trash must be picked up and put in trash receptacles by each group or groups immediately after using the facility.

All **camp**s will be located in the reserved section of concrete bleachers on the south side of Rose Field (press box side).

ORDER OF RUNNING EVENTS (9:00 a.m. start)

4 X 800	Girls-Boys
4 X 100	Girls-Boys
100 Hurdles	Girls
110 Hurdles	Boys
100	Girls-Boys
400	Girls-Boys
3200	Girls-Boys
4 X 200 Relay	Girls-Boys
800	Girls-Boys
300 Hurdles	Girls-Boys
1600	Girls-Boys
1600 Relay	Girls-Boys

ORDER OF FIELD EVENTS (9:00 a.m. start)

Field events are All Finals format, no qualifying rounds. Each contestant is allowed 3 attempts/scratches. Top 6 contestants count toward team points.

Discus Girls-Boys 7-8

Shot Boys-Girls 7-8

Long Jump Boys-Girls 7-8

High Jump Girls-Boys 8-7

**Starting heights for High Jump:

7th Girls 4 ft start

7th Boys 4.5 ft start

8th Girls 4.5 ft start

8th Boys 5 ft start

If you have any questions, feel free to call Nate Lawson, Annessa Parker or Ralph Chappell at (405) 739-1771.