



Kingfisher Public Schools would like to invite you to the 5th Annual Kingfisher High School Invitational Track & Field Meet on **Saturday, April 11, 2015.**

ATTENTION: Coaches must submit your entries on www.enduroentries.com (TrackRoster). Complete Steps 1-5. You must add the "Kingfisher High School Invitational" to your on-line schedule. **NO EXCEPTIONS!**

DEADLINE FOR ALL ENTRIES: MONDAY, APRIL 6TH, 2015

Entry Fee: \$85.00 (per boys team) and \$85.00 (per girls team) (\$170.00 total)
\$50.00 (per B Team)
\$10.00 per individual (up to 4)
****Make checks payable to Kingfisher Track & Field****

note no refunds for rainout once meet has started

Divisions: (1) High School Boys & (1) High School Girls

***** **ONLY SCHOOLS 4A and BELOW** *****

Timing: We will be using Enduro Timing system ****THIS IS A TIMED FINALS MEET****

Medals: Plaques awarded for each Boys & Girls Team Champions & Boys & Girls Team Runner-Ups
Custom medals awarded to the top 5 individual events & top 3 relays

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay.

Schedule: 8:30 am - Coaches Meeting ****Track room (big metal doors)**** *Breakfast & coffee provided*
9:00 am - Field events *Shot Put West side of track* *Discus, across street to west, use trail*
9:30 am - Running events

Rules: All OSSAA Rules will apply
Points will be awarded 10-8-6-4-2-1 and double for relays
Only 1/4" or less spikes will be allowed on running or jumping surfaces
Coaches & athletes only allowed on infield
Concession stand available in southwest corner of track complex

Field events = three attempts in prelims, top 8 will advance to finals = three more attempts

Parking: **BUSES PLEASE PARK ON GRASS, SOUTH EAST SIDE OF TRACK ALONG FENCE & OR STREET**

Contact: Micah Nall (girls) mnall@kingfisher.k12.ok.us cell 405-315-6876
Tom Arrington (boys) tomarrington@kingfisher.k12.ok.us cell 918-688-3282

Confirm by E-Mail to one of the above coaches by Monday, April 6th

Kingfisher High School 1500 S. 13th St Kingfisher, OK 73750

**KINGFISHER YELLOWJACKET TRACK & FIELD
HIGH SCHOOL TRACK INVITATIONAL**

ORDER OF EVENTS

Coaches Meeting at 8:30

Running Events Start at 10:00 AM

Field Events Start at 9:00 AM

ALL TIMED FINALS

3 attempts = Top 8 to Finals

400 M. Relay G - B

Shot Put B - G

3200 M. Relay G - B

Discus G - B

100 M. Hurdles (33") G

Long Jump G - B

110 M. Hurdles (39") B

High Jump B - G

3200 M. Run B

Pole Vault G - B

800 M. Relay G - B

800 M. Run G - B

100 M. Dash G - B

30 MINUTE BREAK

3200 M. Run G

400 M. Dash G - B

300 M. Hurdles G (30") - B (36")

200 M. Dash G - B

1600 M. Run G - B

1600 M. Relay G - B