



Kingfisher Public Schools would like to invite you to the 5th Annual Kingfisher Junior High School Invitational Track & Field Meet on **Monday, April 13, 2015.**

ATTENTION: Coaches must submit your entries on www.enduroentries.com (TrackRoster). Complete Steps 1-5. You must add the "Kingfisher Junior High School Invitational" to your on-line schedule. NO EXCEPTIONS!

DEADLINE FOR ALL ENTRIES: FRIDAY, APRIL 10TH, 2015

Entry Fee: \$75.00 (per boys team) and \$75.00 (per girls team) (\$150.00 total)
\$50.00 (per B Team)
\$10.00 per individual (up to 4)
****Make checks payable to Kingfisher Track & Field****

note no refunds for rainout once meet has started

Divisions: 7 / 8 Grade Boys
7 / 8 Grade Girls
****NO 9th GRADERS ALLOWED****

Timing: We will be using a Fully Automated Timing System ****THIS IS A TIMED FINALS MEET****

Medals: Plaques awarded for each Boys & Girls Team Champions & Boys & Girls Team Runner-Ups
Custom medals awarded to the top 5 individual events & top 3 relays

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay.

Schedule: 9:00 am - Coaches Meeting ****Track room (big metal doors)**** ***Breakfast & coffee provided***
9:30 am - Field events ***Shot Put West side of track*** ***Discus, across street to west, use trail***
10:00 am - Running events ******We will feed coaches & bus drivers lunch******

Rules: All OSSAA Rules will apply
Points will be awarded 10-8-6-4-2-1 and double for relays
Only 1/4" or less spikes will be allowed on running or jumping surfaces
Coaches & athletes only allowed on infield
Concession stand available in southwest corner of track complex

Field events = three attempts in prelims, top 8 will advance to finals = three more attempts

Parking: **BUSES PLEASE PARK ON GRASS, SOUTH EAST SIDE OF TRACK ALONG FENCE & OR STREET**

Contact: Micah Nall (girls) mnull@kingfisher.k12.ok.us cell 405-315-6876
Tom Arrington (boys) tomarrington@kingfisher.k12.ok.us cell 918-688-3282

Confirm by E-Mail to one of the above coaches by Friday, April 10th

Kingfisher High School 1500 S. 13th St Kingfisher, OK 73750

**KINGFISHER YELLOWJACKET TRACK & FIELD
JUNIOR HIGH TRACK INVITATIONAL**

ORDER OF EVENTS

Running Events Start at 10:00 AM

100 M. Hurdles (30")	G
110 M. Hurdles (33")	B
400 M. Relay	G - B
3200 M. Relay	G - B
100 M. Dash	G - B
800 M. Run	G - B

Field Events Start at 9:30 AM

Shot Put	G - B
Discus	B - G
Long Jump	B - G
High Jump	G - B
Pole Vault	G - B

30 minute break

800 M. Relay	G - B
400 M. Run	G - B
300 M. Hurdles	G - B
200 M. Dash	G - B
1600 M. Run	G - B
1600 M. Relay	G - B