

Lindsay Leopard 7th and Jr. High Invitational

4/2/15

Dear Coach,

We would like to invite you to the annual **Lindsay Leopard Invitational** track and field meet. The meet will be **Thursday, April 2nd**, with the coaches meeting beginning at 9:00 followed by the field events at 9:30 and the running events at 10:00. We have a 6 lane all weather surface and would ask that your athletes wear ¼ inch spikes.

Hospitality will be provided for all of your coaches.

Divisions

7th girls, 7th boys, JH girls, JH boys

Entry Fees

\$70 per division, \$280 for all four. \$10 for individuals (4 or less).

Please make checks payable to Lindsay Public School. You can mail checks to: Lindsay Public Schools, 800 W. Creek, Lindsay, OK 73052 or bring them to the meet.

Field Events 9:30

Long jump ó JHB / 7B / JHG / 7G

High jump ó JHG / 7G / JHB / 7B

Shot ó 7B / JHB / 7G / JHG

Discus ó 7G / JHG / 7B / JHB

No Pole Vault

Awards

Medals will be given to the top six places in each individual event and the top four relays.

No team trophy, but points will be kept.

OSSAA rules will govern the meet.

Contacts

Justin Savage ó Head track coach (405) 756 ó 3132 (school)

(405) 756 ó 4290 (home)

(405) 351 ó 2446 (cell)

Tommy Ferguson ó Athletic Director (405) 756 ó 3132 (school)

Running Events 10:00

400 relay ó girls/boys

3200 relay ó girls/boys

100 hurdles ó girls

110 hurdles - boys

100m dash ó girls/boys

800 m relay ó girls

800 m run ó girls/boys

400 m dash ó girls/boys

300 m hurdles girls/boys

200 m dash ó girls/boys

1600 m run ó girls/boys

1600 relay ó girls/boys