

# **Lindsay Leopard High School Invitational**

## **4/25/15**

Dear Coach,

We would like to invite you to the annual **Lindsay Leopard Invitational** track and field meet. The meet will be **Saturday, April 25th**, with the coaches meeting beginning at 8:30 followed by the field events at 9:00 and the running events at 9:30. We have a 6 lane all weather surface and would ask that your athletes wear ¼ inch spikes. This meet will follow the Regional format as a prelim/final meet.

**Hospitality will be provided for all of your coaches.**

### **Entry Fees**

\$80 per division, \$160 for both. \$15 for individuals (4 or less).

Please make checks payable to Lindsay Public School. You can mail checks to: Lindsay Public Schools, 800 W. Creek, Lindsay, OK 73052 or bring them to the meet.

### **Field Events 9:00**

Long jump ó boys/girls  
High jump ó girls /boys  
Shot ó boys/girls  
Discus ó girls/boys  
No Pole Vault

### **Awards**

Medals will be given to the top **six** places in each individual event and the top **four** relays.

No team trophy, but points will be kept.

**OSSAA rules will govern the meet.**

### **Contacts**

Justin Savage ó Head track coach  
(405) 756 ó 3132 (school)  
(405) 756 ó 4290 (home)  
(405) 351 - 2446 (cell)

Tommy Ferguson ó Athletic Director  
(405) 756 ó 3131 (school)

### **Running events 9:30**

#### Prelims

400 relay ó G/B  
3200 relay (final) ó G/B  
100m hurdles - G  
110m hurdles - B  
100m ó G/B  
3200m (final) ó B  
800 relay (final) ó girls/boys  
3200m (final) - G  
200m ó G/B  
\* tentative break \*

#### Final

400 relay ó G/B  
800m ó G/B  
100m hurdles ó G  
110m hurdles ó B  
100m - G/B  
400m ó G/B  
300 hurdles ó G/B  
200m ó G/B  
1600m ó G/B  
1600 relay ó G/B