

2015 MADILL WILDCAT INVITATIONAL

Friday, March 27, 2015

This meet is open to all teams 4A and below. If you plan on attending please respond by email to:

mcooper@madillok.com

COACHES MEETING: 12:00 Noon in the weight room

FIELD EVENTS: 1:00

RUNNING EVENTS: 1:30

TWO DIVISIONS: High School Girls and High School Boys

SCORING: No Team Points Kept!!!

AWARDS: Medals will be given to the first three (3) placers in each event

FIELD EVENTS: Each athlete will be given three (3) preliminary throws and jumps. The top eight (8) will advance to the finals with three (3) additional attempts.

HEATING: Done at the heating benches on east end of the field

CONCESSIONS/ADMISSION: The concession stand will be open and admission charged for spectators.

PARKING: Bus parking on the west end of the stadium

ENTRY FEE: \$75 per division - \$140 for both boys and girls teams

TO ENTER:

1. Confirm by email to: mcooper@madillok.com
2. Send check payable to **Madill High School Track**

To: Milton Cooper, Head Track Coach
Madill High School
601 W. McArthur
Madill, OK 73446

FIELD EVENTS: 1:00

SHOT PUT	GIRLS, BOYS
DISCUS	BOYS, GIRLS
LONG JUMP	GIRLS, BOYS
HIGH JUMP	BOYS, GIRLS
POLE VAULT	BOYS, GIRLS

RUNNING EVENTS: 1:30

4 X 100 RELAY	GIRLS, BOYS
4 X 800 RELAY	GIRLS, BOYS
100 HURDLES	GIRLS
110 HURDLES	BOYS
3200 RUN	GIRLS, BOYS
4 X 200 RELAY	GIRLS, BOYS
800 RUN	GIRLS, BOYS
100 DASH	GIRLS, BOYS
400 DASH	GIRLS, BOYS
300 HURDLES	GIRLS, BOYS
200 DASH	GIRLS, BOYS
THROWERS RELAY	(MUST THROW SHOT OR DISCUS—MUST HAVE AT LEAST <u>ONE</u> GIRL)
1600 RUN	GIRLS, BOYS
4 X 400 RELAY	GIRLS, BOYS