

**McAlester Junior High Invitational
Track & Field Meet
McAlester, Oklahoma 74501**

ATTENTION COACHES (On-line Entries): Schools planning to attend this meet must submit their entries on ENDURO Entries (TrackRoster) by completing Steps 1–5.

The ENTRY DEADLINE for this meet is Friday, April 3rd @ 7:00pm.

This is a "Roster Only" meet. Log into your account

at: www.enduroentries.com * * * NO LATE ENTRIES * * *

Schools who have not entered on-line will not be added at the meet.

**** * * If you have any questions about your ENDURO Entries account, email your questions to: kevin@endurotiming.com***

DATE: Tuesday, April 7, 2015

Time: Coaches Meeting: 2:15 PM

Field Events & Running Events: 2:30 PM

**Location: Clark Bass Track Complex
1310 N. 6th St.**

**Entry Fee: \$ 75.00 for each boy & girl team
\$ 20.00 per individual, if less than 4 team members**

Checks: Make payable to McAlester High School Athletics

**Divisions: 7th Grade Girls 7th Grade Boys
8th Grade Girls 8th Grade Boys**

**Limitations: Each contestant is limited to 4 events, including Relays.
Each school is limited to 3 entrants in each event.
3 throws will be allowed in Discus & Shot.
3 jumps in Long Jump**

**Team Points: Individual Events (10-8-6-4-2-1)
Relay Events (20-16-12-8-4-2)**

**Medals: Awarded to 5 places in all events.
Can be picked-up by coaches immediately following the meet in the press box.**

Bus Parking: East parking lot.

Seating: Football field- benches
Admission: \$3.00 Adults, \$2.00 Students
For Information: John Homer- - Athletic Director - - 918-423-8128
Richard Carney - - Boys & Girls Track Coach

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Schedule of Events: / Tuesday, April 7, 2015

Running Events:

2:30 PM 400 Relay
800 Run
100 Hurdles (Girls)
110 Hurdles (Boys)
3200 Run (Boys)
800 Relay
3200 Relay
100 Dash
400 Dash
300 Hurdles
200 Dash
1600 Run
1600 Relay

Field Events:

2:30 PM High Jump
Pole Vault
Long Jump
Shot
Discus

McAlester Junior High Invitational Track & Field Meet

Tuesday, April 7, 2015

Please Complete the following information and return with entry fee to:

John Homer , Athl
P. O. Box 1027
McAlester, OK. 74501
Phone: 918-423-8128

Amount Enclosed: _____

Teams to be entered:

8th Boys _____ 8th Girls _____

7th Boys _____ 7th Girls _____

School: _____

Coach: _____

Phone/ School: _____

Home: _____