McAlester Clark Bass Invitational Track & Field Meet McAlester, Oklahoma 74501

ATTENTION COACHES (On-line Entries): Schools planning to attend this meet must submit their entries on ENDURO Entries (TrackRoster) by completing Steps 1–5. The ENTRY DEADLINE for this meet is Wednesday, April 15th @ 7:00pm. This is a "Roster Only" meet. Log into your account at: www.enduroentries.com

*** NO LATE ENTRIES ***

Schools who have not entered on-line will not be added at the meet.

* * * If you have any questions about your ENDURO Entries account,
email your questions to: kevin@endurotiming.com

Date: Friday, April 17, 2015

<u>Time:</u> Coaches Meeting: 2:15 PM

Field Events & Running Events 2:30 PM

<u>Location:</u> Clark Bass Track Complex

1310 N. 6th St.

Entry Fee: \$90.00 for each boy & girl team

\$ 20.00 per individual, if less than 4 team members

*** note-- no refunds for rainout once meet has started

<u>Checks:</u> Make payable to McAlester High School Athletics

Divisions: 2 Classes Boys and Girls

Enduro Timing

Limitations: Each school is limited to 3 in each event.

Each contestant is limited to 4 events including relays

4 throws allowed in Shot & Discus - 4 jumps in Long Jump

Timed finals in running events - no preliminaries

Heating of each race will be on the football field

Scoring: Individual events 10 - 8 - 6 - 4 - 2 - 1

Relay Events 20 - 16 - 12 - 8 - 4 - 2

<u>Awards:</u> Medals to top 5 individuals & top 3 relay teams

Admission: \$ 5.00 Adults, \$ 3.00 Students

Bus Parking: East parking lot.

Seating: Football field- benches

Bring Team Dressed to run = Dressing rooms are limited!!

For Information: John Homer - Athletic Director - - 918-423-8128

Richard Carney - -Boys Track Coach - -918-423-5848

McAlester Clark Bass Invitational Track & Field Meet McAlester, OK. 74501

Schedule of Events: April 17, 2015

2:30 PM Shot Put

Boys

Girls

Discus

Girls

Boys

High Jump

Girls

Boys

Long Jump

Boys

Girls

Pole Vault

Boys

Girls

Friday, April 17, 2015

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2:30 PM

Order of Running Events:

3200 Relay (G) 800 Run (G)

3200 Relay (B) 800 Run (B)

100 m Hurdles (G) (33") 300 Hurdles (G) (30")

110 m Hurdles (B) (39") 300 Hurdles (B) (36")

100 m Dash (G) 200 Dash (G)

100 m Dash (B) 200 Dash (B)

800 Relay (G) 1600 Run (G)

800 Relay (B) 1600 Run (B)

3200 Run (B) 1600 Relay (G)

400 Dash (G) 1600 Relay (B)

400 Dash (B)

3200 Run (G)

400 Relay (G)

400 Relay (B)

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Friday, April 17, 2015

Please Complete the following information and return with entry fee to:

John Homer, Athletic Directo	Teams to be entered:
P. O. Box 1027	Girls
McAlester, OK. 74501	Boys
Phone: 918-423-8128	School:
	Coach:
Amount Enclosed:	Phone/ School:
	Home: