

SPROCKET TRACK CLASSIC

FRIDAY, APRIL 24TH, 2015 AT THE INDIAN BOWL, IN MUSKOGEE OK.

On behalf of the Muskogee Public School System and David Miller II, President of Cross/MBO companies, would like to extend to you and your teams a sincere invitation to participate in our <u>High</u> <u>School Boys & Girls Track Meet.</u>. The following will give you the information you need for the meet. This will be a timed finals meet.

ENTRY FEE: \$80.00 for each boys team and each girls team, and \$15.00 per individual, if less than four members on a team. B teams may compete with an additional entry fee. (PLEASE MAKE CHECKS PAYABLE TO MUSKOGEE HIGH SCHOOL ATH. DEPT.)

TIME: All teams report to the Indian Bowl, located at the Muskogee Jr. High, at 3:30 for coaches meeting. Field events will begin at 4:00; Running events will start at 4:30;

DIVISIONS: There will be a Boys Division and a Girls Division.

MEDALS: We will give medals to the 1st through 5th place. No points will be awarded, we will not score this meet;

EQUIPMENT: Muskogee will furnish all starting blocks to contestants. Spikes ¹/₄+or shorter are allowed.

ATTENTION COACHES: the On-line Entry DEADLINE for our meet is Thursday, April 23rd @ 4pm. (((<u>The meet will be CLOSED at 4pm</u>!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "**ENDURO Entries**" website by completing <u>ALL FIVE (5) On-line Steps</u>. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can <u>NOT</u> be entered manually by our timing crew at the meet. - - <u>NO exceptions allowed this year</u>. - - Please log into your ENDURO Entries (TrackRoster) account at: <u>www.enduroentries.com</u>

There will be a coaches dinner served during break at 6:00 p.m. provided by Runtos Barbeque. We hope that you and your teams can be with us for this track meet.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY.

CONTACT INFORMATION: If you have any questions please contact David Heath at 918-869-7958; or Angie Hillman at 918-685-9785. **Please notify me or the Athletic Dept. by April 16th if you plan to attend.** My email is david-heath@mpsi20.org.

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ORDER OF EVENTS:

COACHES MEETING: 4:00

FIELD EVENTS:

4:00 P.M.

HIGH JUMP	BOYS (5-8) . GIRLS (4-6)
LONG JUMP	GIRLS (15) . BOYS (18+)
SHOT	BOYS (40+).GIRLS (300)
DISCUS	GIRLS (100) . BOYS (120)
POLE VAULT	GIRLS (8à) . BOYS (11à)

RUNNING EVENTS:

4:30 P.M.

3200 M RELAY	GIRLS . BOYS
100 M HURDLES	GIRLS
110 M HURDLES	BOYS
100 M DASH	GIRLS . BOYS
3200 M RUN	BOYS
800 M RELAY	GIRLS - BOYS
3200 M RUN	GIRL

BREAK (20 MIN.) DINNER WILL BESERVED AT 6:30

400 M RELAY	GIRLS . BOYS
800 M RUN	GIRLS . BOYS
400 M DASH	GIRLS . BOYS
300 M HURDLES	GIRLS (30+) . BOYS (36+)
200 M DASH	GIRLS - BOYS
1600 M RUN	GIRLS . BOYS
16OO M RELAY	GIRLS . BOYS