

**Piedmont High School  
Annual  
Boys and Girls Invitational Track Meet  
Tuesday, March 31, 2015**

Coaches:

Piedmont High School would like to extend an invitation to your school to enter our annual invitational on Tuesday, **March 31, 2015** in Piedmont, Oklahoma.

All association rules will apply. Each school will be permitted to enter three contestants per event.

Team trophies will be awarded for the first and second in each division. Individual medals will be awarded for the first three places in each event. Scoring will be 10-8-6-4-2-1 and double relays.

Field events and Running events will begin at 3:30 p.m. Tuesday afternoon. A coaches' meeting will be at 3:15 p.m. at the field house next to the track.

An entry fee of \$150.00 for both teams (\$75.00 for one team) should accompany entries.

Contestants will draw for assignments and will be heated according to times the day of the meet. Shot and discus will be thrown from concrete slabs. All participants will be allowed to wear spikes not exceeding 3/16" in length. The NO FALSE start rule will apply. Starting blocks will be furnished by Piedmont High School

We hope you can participate in our upcoming meet.

**ATTENTION COACHES:** Schools planning to attend this meet must submit their entries on the **ENDURO Entries** website (TrackRoster) by completing Steps 1 - 5. The entry deadline is ((Saturday March 28th)). - - - No late entries accepted. - - - Log into your account at: [www.enduroentries.com](http://www.enduroentries.com) (trackroster.com)

If you plan to attend this meet, you **MUST** also notify **Jon Bakewell** before the entry deadline. We must have at least 8 Teams to have the meet.

We will have coach's packets ready for the coaches meeting. Each packet will have the team's Roster (with the names of each athlete entered on the website). Each athlete will have a competition number. The number will need to be written (with a Sharpe) on the back of the athlete's hand, so their number can be written on the heat sheet and field event score sheets when the athlete checks in.

Send inquiries to: Jon Bakewell  
1055 Edmond RD. NW  
Piedmont OK 73078  
Cell: 808-5752

Please Respond ASAP at the school phone above or email

[jon.bakewell@piedmontschools.org](mailto:jon.bakewell@piedmontschools.org)

## TRACK MEET SCHEDULE

Field Events - 3:30 pm

High Jump Girls ó Boys

Long Jump Boys ó Girls

Discus Girls ó Boys

Shot Boys ó Girls

Pole Vault Boys ó Girls

Running Events ó 3:30 pm

4 x 100 Relay Girls ó Boys

4 x 800 Relay Girls ó Boys

100 Hurdles Girls (33)

110 Hurdles Boys (39)

3200 Run Girls ó Boys

4 x 200 Relay Girls ó Boys

800 Dash Girls ó Boys

100 Dash Girls ó Boys

400 Dash Girls ó Boys

300 Hurdles Girls (30)

300 Hurdles Boys (30)

200 Dash Girls ó Boys

1600 Run Girls ó Boys

4 x 400 Relay Girls ó Boys

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Entry Fee:    Both Teams - \$150.00  
                  One Team -    \$75.00

School \_\_\_\_\_

Coaches \_\_\_\_\_

We will attend \_\_\_\_\_ We will not attend \_\_\_\_\_

Varsity Girls \_\_\_\_\_ Varsity Boys \_\_\_\_\_

Thank you,

Jon Bakewell

Send inquiries to:    Jon Bakewell  
                                  1055 Edmond RD. NW  
                                  Piedmont OK 73078  
                                  Cell: 808-5752

School Phone: (405) 373-5011

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