

# **Poteau Middle School Invitational**

## **Monday, April 6, 2015**

Dear Coach,

On behalf of Pansy Kidd Middle School, we wish to extend to you and your teams a sincere invitation to participate in our Invitational on Monday, April 6, 2015. The following will give you vital information concerning this meet. The coaches meeting will begin at 3:15 p.m. in the football field house.

**DIVISION:** This meet will consist of: middle school boys & girls.

**TIME:** All teams should be ready to compete at Poteau High Track by 3:15 p.m. Field events will start at 3:30 p.m. Running events will start at 3:45 p.m. (Timed finals).

**ENTRY FEE:** The entry fee will be \$75.00 for each team.

**AWARDS:** Trophies will be awarded to 1<sup>st</sup> & 2nd place in each division. Medals will be given to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places.

**TEAM POINTS:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>, (10, 8, 6, 4, 2) in individual events and relays double (20, 16, 12, 8, 4). Poteau will furnish starting blocks.

**NO TEAM TENTS OR TEAMS ON THE INFIELD**

**SHORT SPIKES ONLY!!!!**

The Oklahoma Secondary Activities Association sanctions this meet and all National Federation rules will be followed. We hope that you and your teams can be with us for this track meet.

Sincerely,

Girls Track: Brent Lee (Head)

Boys Track: Greg Wilson (Head)

**For additional information call Greg Wilson at: (918) 839-7346 or email Greg Wilson at [wilsong@poteau.k12.ok.us](mailto:wilsong@poteau.k12.ok.us)**

# **Poteau Middle School Invitational Track Meet**

**April 6, 2015**

**Welcome to Poteau Middle School Invitational Track Meet. The following is a list of the Timed Finals. The order for all events will be Girls, followed by the Boys.**

## **Timed Final Meet**

3200 Meter Relay	Girls	Boys
400-Meter Relay	Girls	Boys
100 Meter Hurdles	Girls	30ö (Girls)
110 Meter Hurdles	Girls	30ö (Boys)
800 Meter Relay	Girls	Boys
800 Meter Run	Girls	Boys
100-Meter Dash	Girls	Boys
400-Meter Dash	Girls	Boys
300-Meter Hurdles	Girls	Boys
200-Meter Dash	Girls	Boys
1600 Meter Run	Girls	Boys
1600-Meter Relay	Girls	Boys

## **Field Events**

Boys High Jump	Girls Long Jump
Boys Discus	Girls Shot
Boys Shot	Girls High Jump
Boys Long Jump	Girls Discus