



2014 Patriot Middle School Relays

Thursday, April 9th 2015

12 Team Limit

7th, 8th GRADES ONLY

This meet is open to the first 12 teams that are interested in attending. If you plan on attending please email.

JohnM@putnamcityschools.org

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on TrackRoster by completing **Steps 1 - 5**. The entry deadline for this meet is **Friday April 11th** by 5:00pm. This is a **Roster Only** meet. Log into your Trackroster account at: www.trackroster.com
This is an "Invitation Only" meet, and is open to the first 12 Teams that are interested in attending. If you plan on attending, you MUST email Coach Miller for the ENDURO Entries (Trackroster) "Invitation Code". 1(405)863-0819

*****NO LATE ENTRIES*******

COACHES' MEETING—2:45 (In locker room behind concession stand)

FIELD EVENTS- 3:00

RUNNING EVENTS—3:15 (Rolling Schedule)

FOUR DIVISIONS: Middle-School 7th, 8th, 9th grades 6th graders will run combined with 7th

SCORING: Relay Events: 20-16-12-8-4-2

AWARDS: Team: Champion Baton for Team total relay points winner.

Individual Team relay event winners receive a **GOLDEN** relay batons.

2nd -3rd Place finishers receive medal

CONCESSIONS / ADMISSION: The concession stand will be open. Admission will be charged for spectators. Restrooms will be available, No dressing rooms will be available.

BUS PARKING : Bus parking on the West end of the stadium.

ENTRY FEE: \$60.00 per division / \$240.00 all 4 divisions (7th grade, Girls-Boys, 8th Grade Girls-Boys teams).

TO ENTER: 1. CONFIRM BY EMAIL TO: JohnM@putnamcityschools.org

2. Submit entries on trackroster.com by 5:00pm Friday March 16th, 2013

3. Send check payable to "Putnam City West Track and Field"

To: John Miller, Putnam City West Track
8500 NW 23rd St. Okc, Ok 73127-1199

Patriot Relays
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RELAY EVENTS—3:15 START TIME

******* ORDER OF EVENTS MAY CHANGE*******

“ B” TEAMS ALLOWED/ NO 6TH GRADE

4X100m	7 th , 8 th Girls/Boys Order of Event
4x800m	7 th , 8 th Girls/Boys Order of Event
Sprint Medley	7 th , 8 th Girls/Boys Order of Event (100m, 100m, 200m,400m)
4x200m	7 th , 8 th Girls/Boys Order of Event
Distance Medley	7 th 8 th Girls/Boys Order of Event (800m, 400m,1200m,1600m)
Shot/Disc Relay	4x100m relay WINNER RECIEVES CUPCAKES NO MEDALS
Mile Relay	7 th , 8 th 9 th Girls/Boys Order of Event

ONLY FIELD EVENTS AVAILIABLE

2 WARM UPS/ 3 Rec JUMPS (Athelets will medal 1st- 3rd points will not count to total overall team total.)

HIGH JUMP	7 th , 8 th 9 th Girls/Boys Order of Event
LONG JUMP	7 th , 8 th 9 th Girls/Boys Order of Event

******* ROLLING SCHEDULE*******



PATRIOT MIDDLE SCHOOL RELAY
INVOICE
2015

TEAM: _____

AMOUNT OWED: _\$240.00_____

LATE FEE: _____

PATRIOT RELAY TRACK MEET ENTRY FEE:

\$60.00 per division/ \$240.00 for all 4 Divisions 7th-8th

****** Make checks payable to "Putnam City West Track & Field" ******

To: Kathy Hale

Attn. John Miller Putnam City West Track & Field

8500 NW 23rd St. Oklahoma City, Ok 73127-1199

Please send form with check thank you