

Ringwood Invitational Track Meet

April 25th, 2015

COACHES MEETING: 9:30AM FIELDHOUSE

FIELD EVENTS: BEGIN @ 10:00 AM

High Jump	Girls, Boys
Long Jump	Boys, Girls
Shot Put	Boys, Girls
Discus	Girls, Boys
Pole Vault	Boys, Girls

PRELIMINARIES: BEGIN @ 10:30AM

400m Relay	Girls, Boys
3200m Relay (Final)	Girls, Boys
100m Hurdles 33ö	Girls
110m Hurdles 39ö	Boys
100m Dash	Girls, Boys
3200m Run	Boys (Final)
800m Relay (Final)	Girls, Boys
3200m Run	Girls (Final)
200m Dash	Girls, Boys

FINALS:

Fat Manø Relay 400m

400m Relay	Girls, Boys
800m Run	Girls, Boys
100m Hurdles 33ö	Girls
110m Hurdles 39ö	Boys
100m Dash	Girls, Boys
400m Dash	Girls, Boys
300m Hurdles 30ö	Girls
300m Hurdles 36ö	Boys
200m Dash	Girls, Boys
1600m Run	Girls, Boys
1600m Relay	Girls, Boys