

# Velma-Alma Comets

## 5<sup>th</sup> & 6<sup>th</sup> Grade Track Meet

The Velma-Alma Athletic Department would like to invite you to our annual 5<sup>th</sup> and 6<sup>th</sup> grade track meet to be held on Wednesday, April 1, 2015.

There will be four divisions: 5<sup>th</sup> boys, 5<sup>th</sup> girls, 6<sup>th</sup> boys, 6<sup>th</sup> girls

Entries- Entry fees are \$60 per division or \$15 per individual

Track - We have new running surface, so use short spikes.

Participation- Athletes may enter up to 4 events. Schools may enter  
1 relay team and 3 individuals per event.

Awards - Medals awarded to the top 5 in individual events and top 3 in  
individual events.

There will be a short coaches meeting at 9:45 in the fieldhouse. The field events will begin at 10:00 and the running events around 10:20.

Checks are to be made out to : Velma-Alma Athletics

Mail checks to : Velma-Alma High School  
c/o Jerry Loveall  
PO Box 8  
Velma, OK 73491

## Velma-Alma 5<sup>th</sup> & 6<sup>th</sup> Grade Track Meet

### Field events - 10:00

Shot Put - 5<sup>th</sup> boys, 6<sup>th</sup> boys, 5<sup>th</sup> girls, 6<sup>th</sup> girls

Discus - 5<sup>th</sup> girls, 6<sup>th</sup> girls, 5<sup>th</sup> boys, 6<sup>th</sup> boys

High Jump - 6<sup>th</sup> girls, 5<sup>th</sup> girls, 6<sup>th</sup> boys, 5<sup>th</sup> boys

Long Jump - 6<sup>th</sup> boys, 5<sup>th</sup> boys, 6<sup>th</sup> girls 5<sup>th</sup> girls (limit 3 per school)

### Running events - 10:20

Girls before boys and 5<sup>th</sup> before 6<sup>th</sup>

400m relay

3200m relay

100m hurdles

800m relay - girls only

800m run

100m dash

400m dash

200m dash

1600m run

1600m relay