

**Watonga High School
Invitational Track Meet
Thursday, March 26, 2015**

We would like to invite you and your athletes to our track meet on March 26, 2015.

ATTENTION COACHES: On-line Entry DEADLINE for our meet is Wednesday, March 25th @ 5pm. (((The meet will be CLOSED at 5pm!))) No late entries accepted. - Schools planning to attend must submit their entries on the "ENDURO Entries" website by completing **ALL FIVE (5) On-line Steps**. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can **NOT** be entered manually by our timing crew at the meet. - - - **NO exceptions allowed this year.** - - - Please log into your ENDURO Entries (TrackRoster) account at: **www.enduroentries.com**

If you plan to attend this meet, you MUST also notify David Lorenz by March 15th

We will follow OSSAA regulations and the following will apply:

- Only schools entering class 4A, 3A, 2A, and A Regionals may enter.
- Only four (4) events may be entered by one contestant.
- Each team may enter three (3) contestants per individual event, and one team per relay.
- Points will be scored 10-8-6-4-2-1 and will double for relays.
- **Three (3)** medals will be awarded in each event. Plaques will be awarded to meet champion and meet runner-up teams.
- An entry fee of \$85.00 per division or \$170.00 for both boys and girls teams will be charged. Individuals will be charged \$12.00 up to 4 contestants. **Make checks payable to Watonga Public Schools.**
- Only 1/4" or less spikes or flat shoes will be allowed on running or jumping surface.
- Contestants will be heated on the field for the preliminaries and placed according to time in the finals. Seven (7) athletes will qualify for the finals.
- No one other than track athletes will be allowed on the field.
- If you have any questions, please contact David Lorenz at 580-623-7362 (school), or 405-570-5626 (cell). Our fax number is 580-623-8019. E-mail dlorenz@watonga.k12.ok.us.
- Results will be posted at www.ohstrack.com

To receive and confirm entry, contact: Attention: David Lorenz
Watonga High School
Box 310

_____ will attend the Watonga High School Invitational Track Meet

We will bring: _____ HS Girls _____ HS Boys

_____ Coaches Signature

**Watonga High School
Watonga Invitational
March 26, 2014**

Order of Events:

**Coaches Meeting: 10:00 a.m. in the Field House (SE corner of FB field).
There will be a hospitality room for coaches with great food.**

Field Events: 10:30 a.m.

Contestants will have three (3) attempts to qualify for the Finals. The top seven (7) will advance to the Finals and be awarded an additional three (3) attempts in the long jump, shot put, and discus throw.

Shot Put-----B-G
Discus-----G-B
Long Jump-----G-B
High Jump-----B-G
Pole Vault-----G-B

Preliminaries: 11:00 a.m.

(7 to finals)

400 relay-----Girls, Boys
3200 relay Final-----Girls, Boys
100 hurdles-----Girls
110 hurdles-----Boys
100 dash-----Girls, Boys
3200 run Final-----Boys
800 relay Final-----Girls, Boys
3200 run Final-----Girls
200 dash-----Girls, Boys

Finals:

400 relay-----Girls, Boys
800 run-----Girls, Boys
100 hurdles-----Girls
110 hurdles-----Boys
100 dash-----Girls, Boys
400 dash-----Girls, Boys
300 hurdles-----Girls, Boys
200 dash-----Girls, Boys
1600 run-----Girls, Boys
1600 relay-----Girls, Boys