Ada Junior High School The Jerry and Murr Naylor Track Meet

Thursday March 24, 2016

You are invited to the 2016 Jerry and Murr Naylor Track Meet on Thursday March 24th at the Ada High School track. The meet will be held on our newly remodeled facility! This meet will be a 7th, 8th and 9th grade meet.

6 divisions: 7th girls, 7th boys, 8th girls, 8th boys, 9th girls, 9th boys.

If you plan to attend, please email or call Coach Mart Leming at lemingm@adapss.com, 580-310-7220 or Coach Wade Boyles at boylesa@adapss.com, 580-310-7260

This is a Roster Only meet. Schools attending MUST have ALL your athletes listed on TrackRoster.com (<u>www.trackroster.com</u>). The deadline for entries will be the DAY BEFORE THE MEET (Mar 23rd) by 5:00 p.m.[!]!

Cost is \$70.00 per team, \$140.00 both boys and girls \$15.00 per individual. Make checks payable toAda City SchoolsMail to: Ada City Schools, PO Box 1359, Ada, Ok 74821

Coaches Meeting – 9:30 a.m. Field Events – 10:00 a.m. Running Events – 10:30 a.m.

Facilities: Concession and restrooms Available

Awards: Medals through top 5 placers including relays, Team points will be kept, but no team trophies.

Participation: 3 contestants per event and 1 relay team per school.

<u>¼ inch Spikes or less ONLY!</u>

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Order of Events – Timed Finals

400 meter relay – girls – boys

3200 meter relay – girls – boys

100 meter hurdles – girls

110 meter hurdles – boys

3200 meter run – girls – boys

800 meter relay – girls - boys

Proposed Lunch Break

800 meter run – girls – boys

100 meter dash – girls – boys

400 meter dash – girls – boys

300 meter hurdles – girls – boys

200 meter dash – girls – boys

1600 meter run – girls –boys

1600 meter relay – girls – boys

Field Events:

8 th , 9 th Girls

- Disc 7th, 8th, 9th Girls 7th, 8th, 9th Boys
- HJ 7th, 8th, 9th Girls 7th, 8th, 9th Boys
- $L 7^{th}, 8^{th}, 9^{th}$ Boys $7^{th}, 8^{th}, 9^{th}$ Girls
- PV 7th, 8th, 9th Girls 7th, 8th, 9th Boys