

Ada High School Dorsey Reirdon Relays

Saturday April 2nd, 2016

You are invited to the 2016 Dorsey Reirdon Relays on Saturday, April 2 at Ada High School. The meet will be held on our newly remodeled facility! There will be one division for varsity boys and one for varsity girls. This will be a Class 5A and below meet as established by the OSSAA track classifications.

If you plan to attend, please email or call Coach Mart Leming at lemingm@adapss.com, 580-310-7220 or Coach Drake Daniels at danielsd@adapss.com, 580-310-7220

This a Roster Only meet. Schools attending MUST have ALL your athletes listed on TrackRoster.com (www.trackroster.com). The deadline for entries will be the DAY BEFORE THE MEET (Apr 1st) by 5:00 p.m.!!

Cost is \$90.00 per team, \$ 180 both boys and girls, \$15.00 per individual. Make checks payable to Ada City Schools Mail to: Ada City Schools, PO Box 1359, Ada, Ok 74821

Coaches Meeting – 9:30 a.m. Field Events – 10:00 a.m. Running Events – 10:30 a.m.

Facilities: Concession and restrooms Available

Awards: Medals through top 5 placers including relays, Team points will be kept, but no team trophies.

Participation: 3 contestants per event and 1 relay team per school.

¼ inch Spikes or less ONLY!

Ada High School Dorsey Reirdon Relays

Order of Events – Timed Finals

400 meter relay – girls – boys

3200 meter relay – girls – boys

100 meter hurdles – girls

110 meter hurdles – boys

3200 meter run – girls – boys

800 meter relay – girls - boys

Proposed Lunch Break

800 meter run – girls – boys

100 meter dash – girls – boys

400 meter dash – girls – boys

300 meter hurdles – girls – boys

200 meter dash – girls – boys

1600 meter run – girls – boys

1600 meter relay – girls – boys

Field Events

Shot – Girls – Boys

Disc – Boys – Girls

HJ – Girls – Boys

LJ – Boys – Girls

PV – Girls – Boys