



Altus Junior High
Athletic Department
Ridgecrest and S. Park Lane
Altus, Oklahoma 73521
(580) 481-2648

Dear Girls and Boys Track Coach:

On Tuesday, April 12, 2016 Altus Junior High School will be hosting the Altus Junior High Invitational Track and Field Meet. There will be four (4) Divisions: 8th Grade Boys & 8th Grade Girls, 7th Grade Boys & 7th Grade Girls We will preheat meet on Friday, April 8 , 2016 after 12:00 P.M. **All entries received after that time will be automatically placed in the last heats.**

Please have your entry form in by April 8th. Entry form are attached to this letter.

Trophies will be awarded to the Champion and Runner-up in each Division. National Federation Rules for Track and Field will be used. Three student /athletes in one event. Medals will be given to the top three places in each division. A meal will be provided for all coaches during the break.

Please plan on attending our meet. I promise a good meet and a fun time for all!!!!!!

Entry Fee \$ 80.00 Boys
\$ 80.00 Girls
\$150 for Both
\$10.00 for Individual

Mail to: Altus High School
400 N. Park Avenue
Altus, Okla. 73521
Attn: Athletic Dept.

If you have any question, please feel free to call Robert Garrison at School, (580) 481-2173 or home (580) 481-0327 or email at rgarrison@altusps.com: or email Brandi Manning at bmanning@altusps.com, Mark Dablestein at mdablestein@altusps.com or contact Athletic Director Jeremy Reed at (580)-481-2647 or jreed@altusps.com.

Sincerely, Robert Garrison, Mark Dablestein and Brandi Manning, Altus Track Coaches

School _____

Will Attend _____ Will not attend _____

Boys Division _____ Girls Division _____

Name of Head Coach _____ Number of Asst. Coaches _____

Phone Number to call if inclement Weather: _____



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Altus Junior High Invitational Track Meet - Schedule of Events
Tuesday, April 12th, 2015

Coaches Meeting: 3:00 pm

Field Events: 3:15 pm.

High Jump	7th Boys, 8th Boys, 7th Girls, 8th Girls
Long Jump	7th Girls, 8th Girls, 7th Boys, 8th Boys
Pole Vault	7 th & 8 th Girls, 7 th & 8 th Boys (Point Separate)
Shot Put	8th Boys, 7th Boys, 8th Girls, 7th Girls
Discus	8th Girls, 7th Girls, 8th Boys, 7th Boys

Finals: 3:30 pm

(7G,8G,7B,8B unless otherwise noted)

400 Meter Relay	
3200 Meter Relay	
100 Meter Hurdles	(Girls)
110 Meter Hurdles	(Boys)
100 Meter Dash	
800 Meter Run	(Girls-Boys)
800 Meter Relay	
300 Meter Hurdles	(Girls-Boys)
400 Meter Dash	
200 Meter Dash	(Girls - Boys)
1600 Meter Run	(Girls - Boys)
1600 Meter Relay	(Girls . Boys)

If meet is running ahead of schedule we will run a 3200 for the 8th grade division. Boys and Girls combined, between the 800 Meter Relay and 300 Hurdles.

