



Altus High School  
Athletic Department  
400 N. Park Avenue  
Altus, Oklahoma 73521  
(580) 481-2648

Dear Girls and Boys Track Coach:

On **Saturday, April 16<sup>th</sup>, 2016** Altus High School will be hosting the "Altus Invitational Track and Field Meet". This year the meet will be **2 divisions, boys and girls.** If you wish to have any "B" team or JV runners, they will be placed in the last heats.

Trophies will be awarded to the Champion and Runner-up in each Division. National Federation Rules for Track and Field will be used. Medals will be given to the top three places in each division.

*Please plan on attending our meet. I promise a good meet and a fun time for all!!!!!!*

Entry Fee \$ 100.00 Boys  
\$ 100.00 Girls  
\$190 for Both  
\$15.00 for Individual

Mail to: Altus High School  
400 N. Park Avenue  
Altus, Okla. 73521  
Attn: Athletic Dept.

If you have any question, please feel free to call Robert Garrison(rgarrison@altusps.com) at School, (580) 481-2173) or home (580) 481-0327, Todd Vargas tvargas@altusps.com) at School, (580) 481-2539 or home (580) 677-0007;or the Athletic Director Jeremy Reed(jreed@altusps.com) at (580) 481-2647.

**Sincerely, Robert Garrison and Todd Vargas, Altus Track Coaches**

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School \_\_\_\_\_

Will Attend \_\_\_\_\_ Will not attend \_\_\_\_\_

Boys Division \_\_\_\_\_ Girls Division \_\_\_\_\_

Name of Head Coach \_\_\_\_\_ Number of Asst. Coaches \_\_\_\_\_



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Altus Invitational Track Meet - Schedule of Events  
Saturday, April 16<sup>th</sup>, 2016

**Coaches Meeting: 8:45 a.m.**

**Field Events: 9:00 a.m.**

High Jump	Boys, Girls
Long Jump	Girls, Boys
Pole Vault	Girls, Boys
Shot Put	Boys, Girls
Discus	Girls, Boys

**Timed Finals: 9:30 a.m.**

400 Meter Relay	(Girls . Boys)
3200 Meter Relay	(Girls . Boys)
100 Meter Hurdles	(Girls)
110 Meter Hurdles	(Boys)
3200 Meter Run	(Girls-Boys)
800 Meter Relay	(Girls-Boys)

(proposed 20 minute break)

400 Gravitational Challenge Relay (In Weight Event or 200 lbs plus) (if time)

800 Meter Run	(Girls-Boys)
100 Meter Dash	(Girls . Boys)
400 Meter Dash	(Girls . Boys)
300 Meter Hurdles	(Girls- Boys)
200 Meter Dash	(Girls . Boys)
1600 Meter Run	(Girls- Boys)
1600 Meter Relay	(Girls . Boys)