

**29th ANNUAL ANADARKO TRACK 7TH Grade and Jr. High School INVITATIONAL
COACHES: ONLY 4A SCHOOLS AND BELOW**

Anadarko Public Schools would like to invite you to the 29th Annual Anadarko 7th and Jr. High Track Meet held on Thursday April 7th 2016. All field events will be finals. All running events will be timed finals.

ENTRY FEE: \$75.00 PER DIVISION; \$300.00 FOR ALL FOUR DIVISIONS.

TIME: 9:00a.m. Coaches Meeting; 9:30 field events start; 10:00 running events start.

DIVISIONS: (4) 7th – Jr. High 8th and 9th GIRLS 7th - JR. High 8th and 9th BOYS

TROPHIES: Team trophies will be awarded to the Champions and Runner-Ups of each Division.

AWARDS: Individual places for; 1st, 2nd, 3rd, 4th, 5th on each event (not relays).

POINTS: 10-8-6-4-2-1

EQUIPMENT: Starting blocks will be furnished. Spikes should be ¼ inch in length.

FIELD EVENTS: 3 Throws, jumps or Qualifying Mark. There will be Pole Vaulting boys & girls.

EVENTS: Athletes will be limited to 4 events including relays. Each school will be permitted to enter three (3) athletes per team in individual events and (1) team in each relay.

HEATING ASSIGNMENTS: Athletes will be heated by time. Each athlete will draw for lane assignments. PLACE YOUR BEST RUNNERS UP FRONT.

OKLAHOMA SECONDARY SCHOOL RULES WILL APPLY.

The “**NO FALSE START**” Rule will apply.

ADDITIONAL INFORMATION: All camps will set up outside of the roped off area surrounding the track. Teams will be provided with trash bags to ensure cleanliness in the camping area and track facility. Concessions will be available. Dressing facilities are not provided. Restrooms will be open between the Indoor Baseball and Softball field. Warm up area will be allowed in the infield of the track.

ENTREE FEE: \$75.00 PER TEAM

\$300.00 ALL FOUR DIVISIONS

\$15.00 PER INDIVIDUAL

ANADARKO HIGH SCHOOL

1400 WARRIOR DRIVE

ANADARKO OK. 73005

ATHLETIC DIRECTOR 405 933-2245 405 247-2486

405 247-2496

405 933-1034

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KENT JACKSON

MIKE WILLIAMS

KEITH SHAULL

CRAIG PRUITT

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL.

MIKE WILLIAMS (405) 247-2496

(405) 933-3371

(405) 247-5633

COACH PRUITT (405) 545-0677

EAST GRADE

Coach Williams

HOME

ANADARKO 7TH AND JUNIOR HIGH SCHOOL

Boys and Girls Invitational Track Meet

Thursday April 7th, 2016

Order of Events

Field Events: (9:30 am)

Three (3) throws will be allowed in the shot/discus and three (3) jumps in the long jump.

Shot Put	7B, JHB, 7G, JHG
Discus	7G, JHG, 7B, JHB
Long Jump	7G, JHG, 7B, JHB
High Jump	7B, JHB, 7G, JHG
Pole Vault	7B, JHB, 7G, JHG

TIMED FINALS

400 Relay	7G, JHG, 7B, JHB
3200 Relay	7G, JHG, 7B, JHB
100 Hurdles	7G, JHG
110 Hurdles	7B, JHB
3200 Meter Run	JHG, JHB
800 Relay	7G, JHG, 7B, JHB
800 Run	7G, JHG, 7B, JHB
100 Dash	7G, JHG, 7B, JHB
400 Dash	7G, JHG, 7B, JHB
300 Hurdles	7G, JHG, 7B, JHB
200 Dash	7G, JHG, 7B, JHB
1600 Run	7G, JHG, 7B, JHB
1600 Relay	7G, JHG, 7B, JHB