

# ***Bristow High School***

## **Athletic Department**

**Floyd Robinson** – Activities Director  
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## ***Bristow Freshmen Meet***

**Monday April 11th , 2016**

On behalf of the Bristow Public School System, we extend to you and your teams a sincere invitation to participate in our Freshmen Track and Field Meet. The following will give you the information you need for the meet. This will be a timed final meet.

**Limited to 12 Teams!!!**

**Entry Fee:** \$60.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team. NO REFUNDS.

**Time:** All teams report to Bristow Football Field by 3:00 p.m. for coaches meeting. All events will begin at 3:30 p.m.

**Divisions:** There will be two divisions  
9<sup>th</sup> grade boys/girls

**Medals:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in all events.

**Trophies:** Awarded to 1<sup>st</sup> and 2<sup>nd</sup> place teams in all divisions.

**Team Points:** Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

**Equipment:** Bristow will furnish all starting blocks to contestants. ¼" or shorter spikes are required.

**Participants:** Each school can only enter 3 athletes in each event.

*Oklahoma Secondary School Association Rules Apply*

We hope that you and your teams can be with us for this track meet.

**Contacts:**

**Shannon Hilburn – H. S. Track Coach**  
Email ó [shilburn@bristow.k12.ok.us](mailto:shilburn@bristow.k12.ok.us)

# **Bristow Freshmen Track Meet**

## **Schedule of Events**

### **Field Events**

3:30 p.m.	High Jump	9B, 9G
	Long Jump	9G, 9B
	Shot	9B, 9G
	Discus	9G, 9B,
	Pole Vault	9G, 9B

### **Time Finals**

3:30 p.m.	400 Relay	Girls, Boys
	3200 Relay	Girls, Boys
	100 Hurdles	Girls
	110 Hurdles	Boys
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 M Dash	Girls, Boys
	400 M Dash	Girls, Boys
	300 M Hurdles	Girls, Boys
	200 M Dash	Girls, Boys
	1600 Run	Girls, Boys
	1600 Relay	Girls, Boys