Broken Arrow Tiger Track Classic

FRIDAY MARCH 25th

On behalf of the Broken Arrow Public School System, we invite your team to participate in our High School Girls and Boys Track and Field Meet.

ENTRY FEE: \$90.00 for each boys and girls team \$70.00 for any "B" teams \$12.00 per individual if less than four (4) members on a team *NO REFUNDS*. Make checks payable to Broken Arrow High School.

Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1-5. The entry deadline for this meet is March 24th by 5:00pm. This is a roster only meet. Log into Track Roster account at: <u>www.trackroster.com</u>

LOCATION: Broken Arrow Freshman Academy; 301 W. New Orleans; Broken Arrow 74013

TIME: Coaches meeting will be at 3:30pm, lunch will be served at this time.

FIELD EVENTS begin at 4:00 pm (3 preliminary throws and jumps, 8 people make it to the finals for 3 more jumps and throws

RUNNING EVENTS begin at 4:00

LIMITATIONS: Each team is permitted 3 competitors per event and 1 relay per event. Each athlete is limited to four events including relays.

DIVISIONS: 2 divisions: Boys & Girls

MEDALS: Awarded to 1st, 2nd and 3rd place

TROPHIES: Awarded to 1st and 2nd place Teams

TEAM POINTS: Awarded to 1st thru 6th place places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2)

EQUIPMENT: Broken Arrow will furnish all starting blocks. Spikes are to be 1/4" or shorter. OSSAA rules apply

QUESTIONS:

Head Boys/Girls Coach Mike Stanton mstanton@baschools.org

BA Tiger Track Classic

COACH MEETING & MEAL : (located in the barn @ the south end of track) 3:30pm

FIELD EVENTS:

4:00pm

-	HIGH JUMP	BOYS / GIRLS
1	LONG JUMP	GIRLS / BOYS
	SHOT	BOYS / GIRLS
	DISCUS	GIRLS / BOYS
////	POLE VAULT	BOYS / GIRLS
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RUNNING EVENTS: 4:00pm

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1111/	400 Relay	GIRLS / BOYS	final
MAN	3200 Relay	GIRLS / BOYS	final
ШIN	100 Dash	GIRLS / BOYS	final
1 V	100 Hurdles	GIRLS (33+)	final
1.1	110 Hurdles	BOYS (39+)	final
	3200 run	BOYS	final
	800 Relay	GIRLS/BOYS	final
	3200 run	GIRLS	final
× 1	800 Run	GIRLS / BOYS	final
1	400 Dash	GIRLS / BOYS	final
12	300 Hurdles	GIRLS (30+)	final
N 14	300 Hurdles	BOYS (36+)	final
· ·	200 Dash	GIRLS / BOYS	final
100	1600 Run	GIRLS / BOYS	final
	1600 Relay	GIRLS / BOYS	final
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