

**CHISHOLM HIGH SCHOOL**  
**BOYS and GIRLS**  
**INVITATIONAL TRACK and FIELD MEET**  
**APRIL 15, 2016**

Chisholm High School will be hosting their High School Boys and Girls Invitational Track and Field Meet on Friday, April 15, 2016. We have a seven (7) lane urethane synthetic surface track along with an electronic timing system. We are having two (2) divisions: 4A and down Girls and Boys. This should be a great meet.

We will follow OSSAA regulations and the following will apply:

- There will be two (2) divisions (4A-Below) girls, boys.
- Only four (4) events may be entered by one contestant.
- Each team may enter three (3) contestants per individual event and one (1) team per relay event.
- Points will be scored 10-8-6-4-2-1 and will double for relays.
- Five (5) medals will be awarded in each event. Plaques will be awarded to the first place teams in the boys and girls divisions.
- An entry fee of \$90.00 per division or \$180.00 for both boys and girls teams will be charged. \$20.00 per individual, up to 4.
- Make checks out to Chisholm Public Schools. No refunds
- This is a Rosters ONLY meet.
- **On-line Entry Deadline: Wednesday, April 13th @ 5pm.** All entries must be completed on-line at: [www.enduroentries.com](http://www.enduroentries.com) (Complete **All 5 Steps.**) I will add additional athletes, if needed, the day of the meet and make changes but we cannot add an athlete if his/her TEAM has not entered the meet on-line ([www.enduroentries.com](http://www.enduroentries.com)) before the entry deadline. - -Please enter your TEAM (athletes) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Kevin McWatters at: [kevin@endurousa.com](mailto:kevin@endurousa.com)
- ¼ö or less spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.
- Contestants will be heated on the field for the preliminaries and placed according to times in the finals. Seven (7) athletes will qualify for the finals.
- Athletes will not be allowed on the field unless they are warming up or competing at the time. Camp outside the fence.
- Coaches will meet at **11:00 am**. Field events will begin at **11:30 am**. Preliminaries will begin at **12:00 pm**. We will take a thirty (30) minute break after the 200 meter dash before starting the finals.
- A concession stand will be open.
- Admission will be: Adults-\$3.00 and Students-\$2.00
- If you have any questions, please contact:  
Joey Reinart (School) (580) 237-5512 x 443, Cell (405) 880-4921  
**E-mail** [jreinart@chisholm.k12.ok.us](mailto:jreinart@chisholm.k12.ok.us)  
Mike Karnes (School) (580) 237-5512 x 404, Cell (918) 533-4003  
**E-mail** [mkarnes@chisholm.k12.ok.us](mailto:mkarnes@chisholm.k12.ok.us)  
Jim Coleman Cell (580) 791-1309  
**E-mail** [jcoleman@chisholm.k12.ok.us](mailto:jcoleman@chisholm.k12.ok.us)

Results will be posted at [www.ohstrack.com](http://www.ohstrack.com)

**Boys & Girls  
Longhorn Invitational  
April 15, 2016**

**Order of Events:**

**Field Events: 11:30 a.m.**

Contestants will have three (3) attempts to qualify for the finals. The top seven (7) will advance to the Finals and be awarded an additional three (3) attempts in the long jump, shot put, and discus throw. Please understand if we have a lot of shot & discus throwers qualifying lines will be used in both events.

Shot Put-----Boys, Girls  
Discus-----Girls, Boys  
Long Jump-----Girls, Boys  
High Jump-----Boys, Girls  
Pole Vault-----Girls, Boys

**Preliminaries: 12:00 p.m. (7 to finals)**

400 relay-----Girls, Boys  
3200 relay Final-----Girls, Boys  
100 hurdles-----Girls  
110 hurdles-----Boys  
100 dash-----Girls, Boys  
3200 run Final-----Boys  
800 relay Final-----Girls, Boys  
3200 run Final-----Girls  
200 dash-----Girls, Boys

**Finals (about 5:00 p.m.)**

400 relay-----Girls, Boys  
800 run-----Girls, Boys  
100 hurdles-----Girls  
110 hurdles-----Boys  
100 dash-----Girls, Boys  
400 dash-----Girls, Boys  
300 hurdles-----Girls, Boys  
200 dash-----Girls, Boys  
1600 run-----Girls, Boys  
1600 relay-----Girls, Boys