

**CLAREMORE HIGH SCHOOL
ZEBRA INVITATIONAL
TRACK MEET
Friday, March 25th 2016**

MEET SCHEDULE

FIELD EVENTS – 10:00 A.M.

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|------------|-------------|
| High Jump | Boys, Girls |
| Long Jump | Girls, Boys |
| Shot Put | Boys, Girls |
| Discus | Girls, Boys |
| Pole Vault | Boys, Girls |

TIMED FINALS MEET – 10:30 A.M.

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|-------------------|-------------|
| 400 Meter Relay | Girls, Boys |
| 3200 Meter Relay | Girls, Boys |
| 100 Meter Hurdles | Girls (33") |
| 110 Meter Hurdles | Boys (39") |
| 3200 Meter Run | Girls, Boys |
| 800 Meter Relay | Girls, Boys |
| 800 Meter Run | Girls, Boys |
| 100 Meter Dash | Girls, Boys |
| 400 Meter Dash | Girls, Boys |
| 300 Meter Hurdles | Girls (30") |
| 300 Meter Hurdles | Boys (36") |
| 200 Meter Dash | Girls, Boys |
| 1600 Meter Run | Girls, Boys |
| 1600 Meter Relay | Girls, Boys |

LOCATION:

**ANDY PAYNE TRACK COMPLEX
CLAREMORE HIGH SCHOOL
201 E. Stuart Roosa, CLAREMORE OK 74017**

BEHIND HIGH SCHOOL CAMPUS / WEST SIDE OF BUILDING
CONCESSION STAND WILL BE AVAILABLE
NO GLASS CONTAINERS PLEASE
E MAIL -ewiens@claremore.k12.ok.us

**CLAREMORE ZEBRA INVITATIONAL
TRACK AND FIELD MEET
Friday, March 25th 2016**

On behalf of the Claremore School System, we extend to you and your teams an invitation to participate in our high school boys and girls track and field meet at our eight lane all weather track located at Claremore High School Complex on North Florence.

Time: Teams should report to the Claremore High School Track Complex (**use parking lot on north side of football stadium off Sioux Ave.**) coaches meeting at 9:45 a.m. field events at 10:00 a.m. running events beginning at 10:30 a.m.

Entry Fee: \$100.00 for each boysø and girlsø team. B teams can enter with a fee of \$60. \$10.00 per individual if less than four (4) members in a team. Make check payable to Claremore High School.

Entry Procedure: *This is a Rosters ONLY meet.*

Entries are to be complete online using ENDUROENTRIES.COM (previously TrackRoster). Phone or faxed entries will not be accepted.

If you do not already have an account with ENDUROENTRIES (TrackRoster) you will need to visit the website (www.enduroentries.com) and select "Setup New Account" in the upper right hand corner.

You MUST complete the following steps:

- (1) set up your account and a team for "Track",**
- (2) add the desired meet to your on-line schedule;**
- (3) enter the desired athletes in the desired meet**

Divisions: There will be one division for boys and one division for girls.

Limitations: Each contestant is limited to four (4) events, including relays. Each school is limited to (3) entrants in each event and one (1) team in each relay. The shot, discus and long jump will consist of three throws and top 8 in finals.

Awards: Trophies will be awarded to 1st place teams. Individual medals will be given to the top three (3) contestants in each event.

Team Points: The following will be awarded to 1st through 6th (10-8-6-4-2-1) in individual events and (20-16-12-8-4-2) in relays.

Equipment: Claremore will furnish all starting blocks to contestants, ¼ or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

Mail to: Athletic Dept. Claremore High School 918-928-4211 Ext.3013
201 E. Stuart Roosa Claremore, OK 74017

Any questions contact: Eric Wiens ewiens@claremore.k12.ok.us

Please check team(s) entered: Boys _____ Girls _____

School _____

Coach _____

Phone _____