

Covington-Douglas Track Meets 2016

All of the Covington-Douglas track meets are for schools that compete in class 2A or class A in high school track.

Monday March 21, 2016 ó JH Boys and Girls (7th & 8th Grade Only)
\$60 per division. Individual fees are \$10 per athlete.

Wednesday March 23, 2016 - 5th and 6th Boys and Girls
\$50 per division. Five entries allowed per event.

Friday March 25, 2016 ó High School Boys and Girls.
\$75 per division. Individual fees are \$15 per athlete.

Monday April 25, 2016 ó Junior High Boys/Girls and High School Boys/Girls. \$75 per High School division and \$60 per Junior High division. Individual fees are \$15 per high school and \$10 per junior high athlete.

Wednesday April 27, 2016 ó 5th and 6th CD Relays
\$50 per division. Five entries allowed per event.

Time: 9:30 a.m. Coaches Meeting
9:45 a.m. Field Events begin
10:15 a.m. Running Events begin. **All Meets are Timed Finals.**

Limitations: Each contestant is limited to four events, including relays.
Each school is limited to three entrants in each event and one team in each relay.
You may enter five for the 5th and 6th meet.
Four throws will be allowed in the shot and discus and Four attempts in the long jump, No finals. Pole Vault for JH and HS. High Jump for all levels.

Awards: Medals will be given to the top five (5) places in each event.

Team Points: 10-8-6-4-2-1, with double points awarded for relays.

Equipment: We have 6-lane Polyurethane Track and we use an automatic timing system.
We request that only short spikes (1/4) or flat shoes are worn on this surface.
Covington-Douglas will furnish all starting blocks.

A Concession Stand will be in operation throughout the meet and all participants must keep their tents on the outside of the fence.

- If you have any questions please call Mike Kaiser or Brian Smith at Covington-Douglas High School (580-864-7482).
Brian Smith (home) 580 864-7983 or 580 747-0584 (cell)
Mike Kaiser (home) 580 864-7460

Please call and give your phone number if your planning to attend, or text Brian Smith. We will call those schools if bad weather forces cancellation.