Bulldögers

Dewey Athletic Department #1 Bulldogger Road Dewey, OK 74029

Track Coach: Dan Close (Ext. 224) Athletic Director: Chris Revard (Ext. 240)

GREG THOMAS INVITATIONAL Bulldogger <u>High School</u> Track Meet

Tuesday, March 29, 2016 9:30AM Coaches Meeting-10 AM Events Start

. COACHES MEAL (with RSVP)

<u>Entry Fee:</u>	\$75.00 (4 or more) per division, or	or \$10.00 per individual when less than 4.
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Time: <u>Coaches meeting at 9:30.</u> Field events and running <u>events start at 10:00.</u>

Divisions: 2 Divisions - **<u>HS-Boys Division</u>** and <u>HS-Girls Division</u> (4A and below).

Limitations: Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.

Field Events: Three throws in the shot and discus. Three jumps in the long jump.

Awards: Medals will be given to top three places, and plaques to the top two teams in each division.

Points: Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.

Equipment: You must provide your own equipment for field events. We will provide starting blocks. <u>1/4 inch spikes or shorter are required.</u>

Format: Timed-finals format. *** All O.S.S.A.A rules will apply

Phone (534-0933 x240 or x241) to guarantee meal & cancellation notice.

School Name			Contact Name	
HS Boys Division	Yes	No	Ph # _	
HS Girls Division	Yes	No	Fax #	
Total # of Coaches				