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Drumright Junior High Track Meet

Wednesday, April 6, 2016

On behalf of the Drumright Public School System, we extend to you and your teams an invitation to participate in our Junior High Boys and Girls Track and Field Meet. The following will give you the information that you need for the meet. This will be a timed final meet.

Entry Fee: \$65.00 for each boys and girls team. \$10.00 per individual if less than four(4) members on a team. NO REFUNDS.

Time: There will be a coaches meeting at 9:00 at the High School football field house. Field events begin after the coaches meeting and the running events will begin at 9:30.

Divisions: 7<sup>th</sup> grade boys, 7<sup>th</sup> grade girls, 8<sup>th</sup> grade boys, eight grade girls

Limitations: Each school is limited to one(1) relay team per event.

Each school is limited to three(3) competitors per event.

Each contestant is limited to four(4) events, including relays  
and field events.

Medals: Medals will be awarded to the 1<sup>st</sup> through 5<sup>th</sup> place finishers in each event.

Equipment: ¼" or shorter spikes are required. Long jumpers and high jumpers--no spikes

*Oklahoma Secondary School Association Rules Apply*

Hospitality Room: A hospitality room and lunch will be provided for the coaches.

We hope that you and your teams can be with us for this track meet.

Restrooms/Concessions: Located at the northeast end of the football field. Please do not bring glass bottles into the stadium.

## Drumright Junior High Track Meet

**9:00--** Coaches meeting

**9:30--** Field Events

High Jump    7<sup>th</sup> B    8<sup>TH</sup> B            7<sup>th</sup> G    8<sup>th</sup> G

Long Jump    7<sup>th</sup> G    8<sup>th</sup> G            7<sup>th</sup> B    8<sup>th</sup> B

Shot            7<sup>th</sup> B    8<sup>th</sup> B            7<sup>th</sup> G    8<sup>th</sup> G

Discus         7<sup>th</sup> G    8<sup>th</sup> G            7<sup>th</sup> B    8<sup>th</sup> B

**\*NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS/THROWS. EACH OF THE 3 THROWS WILL BE CONSECUTIVE.**

**10:00**

400 Relay 7-8 Girls, 7-8 Boys

3200 Relay 7-8 Girls, 7-8 Boys

100 Hurdles 7-8 Girls

110 Hurdles 7-8 Boys

800 Relay 7-8 Girls

800 Run 7-8 Girls, 7-8 Boys

100 M Dash 7-8 Girls, 7-8 Boys

-----BREAK-----

400 M Dash 7-8 Girls, 7-8 Boys

300 M Hurdles 7-8 Girls, 7-8 Boys

200 M Dash 7-8 Girls, 7-8 Boys

1600 Run 7-8 Girls, 7-8 Boys

1600 Relay 7-8 Girls, 7-8 Boys

All are times events. **OSSAA Rules will apply**