

Duncan Demons

5th & 6th Grade Track Meet

The Duncan Athletic Department would like to invite you to our 5th and 6th grade track meet to be held on Wednesday, April 6 2016.

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on TrackRoster by completing steps 1-5 for "Roster Entries" meets. The entry deadline for this meet is Monday, April 4 by 12:00pm. Log into your TrackRoster account at: www.trackroster.com.

Divisions: 5th girls, 5th boys, 6th girls, 6th boys
Entry Fee: \$60.00 per division or \$15.00 per individual.
Awards: Medals awarded to the top 5 places in individual races and top 3 places in relays
Participation: Athletes may enter up to 4 events. Each school may enter 1 relay team and three individuals per event.
Coaches Meeting 9:45
Field Events 10:00
Running Events 10:30

Please email or call Todd Ledford 580-467-2741- todd.ledford@duncanps.org or Tim Buben 580-470-5042 – tim.buben@duncanps.org if you plan on attending!!

Make checks out to: Duncan Track and Field
Mail checks to: Duncan Athletic Department
PO Box 1548
Duncan OK, 73534

Field Events – 10:00

Shot 5th boys, 6th boys, 5th girls, 6th girls
Discus 5th girls, 6th girls, 5th boys, 6th boys
High Jump 6th girls, 5th girls, 6th boys, 5th boys
Long Jump 6th boys, 5th boys, 6th girls, 5th girls

Running events

All running events will be as follows : 5th girls, 5th boys, 6th girls, 6th boys

400 m Relay
3200 m relay
100 m hurdles
800 m relay
800 m run
100 m dash
400 m dash
200 m dash
1600 run
1600 m relay