

# Edmond Memorial High School



## 7<sup>TH</sup> AND 8<sup>TH</sup> GRADE

Invitational Track Meet  
1000 E. 15<sup>th</sup> Edmond, OK

**Tuesday, March 22, 2016**

**Time: 3:45 Coaches Meeting 4:00 All Events Begin**

**SITE:**

Edmond Memorial High School, 1000 East 15<sup>th</sup> Street, Edmond, Oklahoma 73013

**TIMES:**

Coaches meeting at **3:45 pm** with competition beginning at **4:00 pm**

**ENTRY PROCESS:**

Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 – 5. The entry deadline for this meet is Monday, March 21<sup>st</sup> by 5:00pm. This is a Roster Only meet. Log into your TrackRoster account at: [www.trackroster.com](http://www.trackroster.com). **TO COMPLETE YOUR ENTRIES, YOU WILL NEED TO FOLLOW STEPS 1-5.**

**ENTRY FEE:**

1. \$ **80.00** per gender per team (team consist of 6 athletes or more per gender)
2. \$ **20.00** per individual with team of less than 6
3. Make Checks payable to:

**Edmond Public Schools**  
**Attn: Athletic Department**  
1001 W. Danforth Rd., Edmond, OK 73003-4801

**TIMING:**

The meet will be timed using **F.A.T**

**COMPETITION & WARM-UP:**

- **There are no limits on entries for each event**
- Athletes may only compete in **four** events
- Running events: Report to heating area in the South end zone when your event is called.
- Field Events: Athletes will check-in at the event area

**AWARDS:**

Awards will be presented to top Three (3) Relays and Top Three (3) Individual placers. Team Awards for 1<sup>st</sup> and 2<sup>nd</sup> Place Team

**CONCESSION:**

Concession stand will be provided

**ADMISSION:**

\$ 5.00

**DIVISIONS:**

Two division for boys (7<sup>th</sup> and 8<sup>th</sup> ) and two divisions for girls (7<sup>th</sup> and 8<sup>th</sup> )

For questions and to get meet code - contact Tim Grantham, Edmond Memorial HS  
[Tim.Grantham@edmondschools.net](mailto:Tim.Grantham@edmondschools.net)

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## 4 pm - ORDER OF EVENTS

400m Relay	7G 8G - 7B 8B
3200m Relay	7G 8G - 7B 8B
100m Hurdles	7G 8G
110m Hurdles	7B 8B
800m Relay	7G 8G - 7B 8B
800m Run	7G 8G - 7B 8B
100m Dash	7G 8G - 7B 8B
400m Dash	7G 8G - 7B 8B
300m Hurdles	7G 8G - 7B 8B
200 M	7G 8G - 7B 8B
1600m Run	7G 8G - 7B 8B
1600m Relay	7G 8G - 7B 8B

## 4 pm - FIELD EVENTS

Pole Vault	7G,8G,7B,8B
Shot (upper)	8B,7B
Shot (lower)	8G,7G
Discus (upper)	7B,8B
Discus (lower)	7G,8G
Long Jump (south)	8B,8G
Long Jump (north)	7B,7G
High jump (east)	7G,8G
High jump (west)	7B,8B

