

Edmond Memorial High School



HS & JV

Invitational Track Meet
1000 E. 15th Edmond, OK

FRIDAY, MARCH 25TH

Time: 3:45 Coaches Meeting  4:00 All Events Begin

SITE:

Edmond Memorial High School, 1000 East 15th Street, Edmond, Oklahoma 73013

TIMES:

Coaches meeting at **3:45 pm** with competition beginning at **4:00 pm**

DIVISIONS:

We will have a Varsity division and a JV division for boys and girls. Varsity Boys – JV Boys – Varsity Girls – JV Girls with medals going to each division with the JV Division being scored separate from varsity.

ENTRY PROCESS:

Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 – 5. The entry deadline for this meet is Thursday, March 24th by 5:00pm. This is a Roster Only meet. Log into your TrackRoster account at: www.trackroster.com. **TO COMPLETE YOUR ENTRIES, YOU WILL NEED TO FOLLOW STEPS 1-5.**

ENTRY FEE:

1. \$ **80.00** per gender per team (Varsity Boys + JV Boys = \$ 160.00, same for girls)
2. \$ **20.00** per individual with team of less than 6
3. Make Checks payable to:

Edmond Public Schools
Attn: Athletic Department
1001 W. Danforth Rd., Edmond, OK 73003-4801

TIMING:

The meet will be timed using **F.A.T**

COMPETITION & WARM-UP:

- **Entries are limited to 3 in each individual events and 1 Relay**
- Athletes may only compete in **four** events
- Running events: Report to heating area in the South end zone when your event is called.
- Field Events: Athletes will check-in at the event area

AWARDS:

Awards will be presented to top Three (3) Relays in Varsity and JV and Top Three (3) Individual placers in Varsity and JV.

CONCESSION:

Concession stand will be provided

ADMISSION:

\$ 5.00

For questions and to get meet code - contact Tim Grantham, Edmond Memorial HS
Tim.Grantham@edmondschools.net

ALL EVENTS BEGIN AT 4 PM

400 Meter Relay	JV Girls – V Girls - JV Boys - V Boys
3200 Meter Relay	JV Girls – V Girls - JV Boys - V Boys
100 Meter Hurdles	JV Girls – V Girls - JV Boys - V Boys
110 Meter Hurdles	JV Girls – V Girls - JV Boys - V Boys
3200 Meter Run	JV Boys - V Boys
800 Meter Relay	JV Girls – V Girls - JV Boys - V Boys
800 Meter Run	JV Girls – V Girls - JV Boys - V Boys
100 Meter Dash	JV Girls – V Girls - JV Boys - V Boys
3200 Meter Run	JV Girls – V Girls
400 Meter Dash	JV Girls – V Girls - JV Boys - V Boys
300 Meter Hurdles	JV Girls – V Girls - JV Boys - V Boys
200 Meter Dash	JV Girls – V Girls - JV Boys - V Boys
1600 Meter Run	JV Girls – V Girls - JV Boys - V Boys
1600 Meter Relay	JV Girls – V Girls - JV Boys - V Boys
Pole Vault	JV Girls – V Girls - JV Boys - V Boys
Shot (upper)	JV Boys - V Boys
Shot (lower)	JV Girls – V Girls
Discus (upper)	JV Boys - V Boys
Discus (lower)	JV Girls – V Girls
Long Jump	JV Girls – V Girls - JV Boys - V Boys
High jump	JV Girls – V Girls - JV Boys - V Boys