



2016 ELGIN Jr. OWL
TRACK & FIELD CLASSIC
TUESDAY MARCH 8th

ATTENTION COACHES: Schools planning to attend this meet must submit rosters to ***TrackRoster.com Complete Steps 1-5*** (Roster Only)
***** Entry Deadline – Saturday March 5th *****

***** All RELAYS will be preheated by times at Coaches Meeting**

***** TEAM CHECK-IN / COACHES MEETING: 9:00 AM *** FIELD EVENTS BEGIN: 9:15 AM**
***** RUNNING EVENTS HEATING 9:15 AM *** RUNNING EVENTS START: 9:45 AM**

***** 4 DIVISIONS: 7th Girls / 7th Boys / JH (8th / 9th) Girls / JH (8th / 9th) Boys**

***** HEATING:** All races will be pre-heated randomly at the *HEATING BENCHES*.
(Relay members will report to their exchange zones when Relay Races are called to the starting line.)

***** FT Video Timing System for the 100, 200, 100/110 Hurdles, and 300 Hurdles.**
Sprint 8 Timing System for all other races.

***** OSSAA Sanctioned Meet *** / *** OSSAA & NFHS Rules will apply*****

***** HOSPITALITY & LUNCH PROVIDED FOR COACHES**

***** AWARDS:** Individual Events: 1ST – 6th / Relay Events: 1st – 3rd

***** RUNNING EVENTS / TIMED FINALS *** FIELD EVENTS: 4 Throws / 4 Jumps*****

Damon Hitt - A.D. Tomi Lorah - Girls Head Coach (580) 284-3757
School: (580) 492-3654 Jon Hughes - Boys Head Coach (580) 583-1860
Cell #: (580) 678-8607 dhitt@elginps.net FAX #: (580) 492-4084

Please Send, Call, or Fax your entries: **Elgin Jr. Owl Track & Field Classic (Tuesday March 8th, 2016)**
School: _____ Coach: _____
Phone #: _____ Home/Cell: (in case of inclement weather) _____

_____ 7th Boys @ \$65.00 _____ 7th Girls @ \$65.00 # of Coaches for Lunch
_____ JH Boys @ \$65.00 _____ JH Girls @ \$65.00 _____

_____ ***\$250.00 if School Brings all four Divisions***

_____ Individuals x \$15.00 EACH (3 or less) = \$ _____

ELGIN JUNIOR OWL CLASSIC TRACK MEET

TUESDAY MARCH 10th, 2015

Coaches Meeting: 9:00 AM

Field Events Start: 9:15 AM

High Jump	JH Boys, 7th Boys, JH Girls, 7th Girls
Long Jump	JH Girls, 7th Girls, JH Boys, 7th Boys
Pole Vault	7th Girls & JH Girls, 7th & JH Boys (Point Separate)
Shot Put	7th Boys, JH Boys, 7 th Girls, JH Girls
Discus	7th Girls, JH Girls, 7th Boys, JH Boys

Running Events Heating: 9:15 AM

Running Events: 9:45 AM

400 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
100/110 Meter Hurdles	7th Girls / JH Girls / 7th Boys / JH Boys
3200 Meter Run	JH Girls / JH Boys
800 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys
800 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
100 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
400 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
3200 Meter Run	7th Girls / 7th Boys
300 Meter Hurdles	7th Girls / 7th Boys / JH Girls / JH Boys
200 Meter Dash	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Run	7th Girls / 7th Boys / JH Girls / JH Boys
1600 Meter Relay	7th Girls / 7th Boys / JH Girls / JH Boys