

GLENPOOL INVITATIONAL TRACK MEET
7th, 8th, 9th grade
March 24th, 2016

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our middle school boys and girls track and field meet. The following will give you the information for the meet.

ENTRY FEE: \$60.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team.

TIME: All teams report to the Glenpool football field by 8:30 a.m. for coaches meeting. Field events will begin at 9:00 a.m. and timed finals in running events at 10:00 a.m.

DIVISIONS: There will be six divisions 7th, 8th, 9th, boys and 7th, 8th, 9th girls.

LIMITATIONS: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Four (4) throws will be given in the shot and discus, and four (4) jumps in the long jump. There will be a girls pole vault in all divisions.

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st and 2nd place teams.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Glenpool will furnish all starting blocks to contestants. 3/16" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

There will be a coaches feed at the break. We hope that you and your teams can be with us for this track meet. Please fill out the enclosed entry form and mail or fax it to us ASAP. Please call the athletic department if you have any questions. Thank you.

Glenpool Middle School Track Meet
March 24th, 2016
Order Of Events

Field Events

9:00 a.m.	High Jump	9B-8B-7B-9G-8G-7G
	Long Jump	9G-8G-7G-9B-8B-7B
	Shot	9B-9G-7G-8B-8G-7B
	Discus	7G-8G-9G-7B-8B-9B
	Pole Vault	7G-7B-8G-8B-9G-9B

Time Finals

9:30	400 Relay	7G-8G-9G-7B-8B-9B
	3200 Relay	7G-8G-9G-7B-8B-9B
	100 Hurdles	7G-8G-9G
	110 Hurdles	7B-8B-9B
	800 Run	7G-8G-9G-7B-8B-9B
	800 Relay	7G-8G-9G-7B-8B-9B

Break

	100 Dash	7G-8G-9G-7B-8B-9B
	400 Dash	7G-8G-9G-7B-8B-9B
	300 Hurdles	7G-8G-9G-7B-8B-9B
	200 Dash	7G-8G-9G-7B-8B-9B
	1600 Run	7G-8G-9G-7B-8B-9B
	1600 Relay	7G-8G-9G-7B-8B-9B

GLENPOOL MIDDLE SCHOOL INVITATIONAL TRACK MEET

March 24th, 2016

ENTRY FORM

SCHOOL_____Phone_____

COACH_____

TEAMS(Check the ones you will have)

7th Boys_____7th Girls_____

8th Boys_____8th Girls_____

9th Boys_____9th Girls_____

\$60.00 per team or \$10.00 per individual, if less than 4 members on a team.

Amount paid_____

PLEASE MAIL TO KATHY TYREE
GLENPOOL SCHOOLS
PO BOX 1149
GLENPOOL, OK 74033