

HK TRACK

Henryetta High School

Henryetta, OK

DEAR COACH(ES):

Henryetta High School will be holding our 5th annual Henryetta Black Gold Relays, April 7th , 2016.

The meet is now open to all schools, but we will only be accepting the first 15 teams that RSVP. There are still spots available. Please RSVP to Henryetta Public Schools by phone: 918-652-6578, email: tgillispie@henryetta.k12.ok.us or bwion@henryetta.k12.ok.us, fax: 918-652-6506 or mail: Henryetta Public Schools, 1800 Troy Aikman Drive, Henryetta, OK 74437, Attn: Brent Wion or Tim Gillispie. An email confirmation will be sent to the first 15 teams that RSVP.

We will medal 1st, 2nd and 3rd in all events including relays and award a championship trophy for the winning girl's and boy's team.

Entry fees are \$90.00 per team.

Yes, we would like to attend _____

Boys Team _____ Girls Team _____

No, we will not be attending _____

School _____ Phone _____

Coach(es) _____ Phone _____

Email for confirmation _____

Coach Gillispie, Boys Head Track Coach (918) 906-7783

Coach Wion, Girls Head Track Coach (918) 652-1094

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BLACK GOLD RELAYS

ORDER OF EVENTS

Coaches Meeting – 9:00

Field Events – 9:30

Running Events 10:00

400 Meter Relay	Girls – Boys
3200 Meter Relay	Girls – Boys
100 M Hurdles	Girls
110 M Hurdles	Boys
100 Meter Dash	Girls – Boys
Distance Medley	Girls (1200-400-800-1600)
800 Meter Relay	Girls – Boys
Distance Medley	Boys (1200-400-800-1600)
Sprint Medley	Girls – Boys (200-200-400-800)
1500 Meter Run	Girls – Boys
1600 Meter Relay	Girls – Boys

FIELD EVENT ORDER

Shot Put	Girls – Boys
Discus	Boys – Girls
High Jump	Boys – Girls
Long Jump	Girls – Boys
Pole Vault	Boys – Girls

****ALL EVENTS ARE TIMED FINALS****