

Hinton Comet Invitational

Track and Field Meet – Friday April 15th, 2016

**We will limit this meet to the first 12 teams to call
and confirm that they are coming! Coach Lewis (405) 952-4498**

Hinton Public Schools invites you to their Junior High/High School Invitational meet on Friday, April 15th 2016. A coaches meeting will be held at 9:00, field events will start at 9:30 and running events at 10:00.

This meet is for teams in 3A and down.

This meet is a finals only meet.

A meal will be provided for all Coaches

Divisions: Junior High Girls/Boys – High School Girls/Boys

**** You may run your 9th graders in either division but not both.***

Participation: Athletes are limited to four events; Schools may enter 1 relay and 3 individuals in each event. B team members will not medal or score unless a second entry fee is paid of \$40.

Awards: Medals will be given to the top 5 in each individual event and the top 3 in relays. 1st and 2nd place team awards will be given.

Entry Fee: \$75 per team – Junior High \$85 per team – High School

\$15 per individual

Mail Checks to... Hinton High School

C/o Dale Russ or Larry Lewis

P.O Box 1036

Hinton, Ok 73047

9:00 Coaches Meeting

9:30 Field Events

High Jump	JH boys/HS boys/JH girls/HS girls
Long Jump	HS girls/JH girls/HS boys/JH boys
Shot Put	HS boys/JH boys/HS girls/JH girls
Discus	HS girls/JH girls/HS boys/JH boys
Pole Vault	JH girls/HS girls/JH boys/HS boys

10:00 Running Events

400 Meter Relay	JH girls/JH boys/HS girls/HS boys
3200 Meter Relay	JH girls/JH boys/HS girls/HS boys
100/110 Meter Hurdles	JH girls/HS girls/JH boys/HS boys
3200 Meter Run	HS girls/HS boys
800 Meter Relay	JH girls/JH boys/HS girls/HS boys
800 Meter Run	JH girls/JH boys/HS girls/HS boys
100 Meter Dash	JH girls/JH boys/HS girls/HS boys
400 Meter Dash	JH girls/JH boys/HS girls/HS boys
300 Meter Hurdles	JH girls/HS girls/JH boys/HS boys
200 Meter Dash	JH girls/JH boys/HS girls/HS boys
1600 Meter Run	JH girls/JH boys/HS girls/HS boys
1600 Meter Relay	JH girls/JH boys/HS girls/HS boys