



**HOMINY MS
INVITATIONAL TRACK MEET**

APRIL 5, 2016

ORDER OF EVENTS

COACHES MEETING 9:30 IN THE FIELDHOUSE

FIELD EVENTS 9:45AM

SHOT PUT	7G	8G	7B	8B
DISCUS	7B	8B	7G	8G
LONG JUMP	8B	7B	8G	7G
HIGH JUMP	8G	7G	8B	7B
POLE VAULT	7G	8G	7B	8B

RUNNING EVENTS 10:00 AM

100 M HURDLES (30")	7G	7B	8G	8B
400 M RELAY	7G	7B	8G	8B
800 M RUN	7G	7B	8G	8B
800 M RELAY	7G	7B	8G	8B
400 M DASH	7G	7B	8G	8B
100 M DASH	7G	7B	8G	8B
1600 M RUN	7G	7B	8G	8B
200 M DASH	7G	7B	8G	8B
1600M RELAY	7G	7B	8G	8B

- É Entry Fee \$65.00/Team. \$10 per contestant if no team fee. \$250 for all four teams.
- É 7th & 8th grade B & G Divisions 4A and Below
- É Medals 1-5 Places Individually. No Team Plaques.
- É Make checks payable to Hominy HS.
- É Each participant limited to 4 events.
- É Each team limited to 3 entries per event & 1 team per relay.
- É ¼ in spikes or flats on track surface only
- É Coaches Meal Provided.
- É Contact Coach Sweeney (918) 885-6253 for further information