

Inola Middle School



P.O. Box 819 803 East Commercial Inola, OK 74036-0819 FAX 918-543-6268

Jeff Unrau- Middle School Principal Patick Mullen- Assistant Principal

Kim Mizera Amanda Bullard Rebecca Cutsinger

 Secretary
 Secretary
 Counselor

 543-2434
 543-3105
 543-3103

Inola Middle School Invitational Track Meet Monday, April 11, 2016

<u>Time:</u> Coaches meeting - 9 am; Field events - 9:30 am; Running

events - 10 am

<u>Divisions:</u> 7th Girls, 7th Boys, 8th Girls, 8th Boys (All Timed Finals)

Schools planning to attend this meet must submit their entries on enduroentries.com by completing Steps 1 – 5.

The ENTRY DEADLINE for this meet is Sunday, April 11th @ 4:00pm.

This is a Roster Only meet.

Medals: 1st through 5th place on individual events. Relays – 1st

through 3rd place. (No team trophies but points will be kept.)

Entry Fee: \$80.00 per Team / \$15.00 per Individual (1-3 athletes)

Please mail entry prior to the meet OR BRING THE DAY OF

THE MEET. No refunds.

Please make checks payable to:

Inola Public Schools

P.O. Box 819 Inola, OK 74036

Attention: Coach Andrews

<u>Limitations:</u> Each school is limited to one (1) relay team per event.

Each school is limited to three (3) competitors per event.

Each contestant is limited to four (4) events, including relays

& field events.

Starting blocks will be provided for all contestants.

½" spikes or shorter are required.NO team camps on the infield please.

PLEASE....DO NOT USE TAPE ON THE TRACK.

Lunch Break: Lunch will be provided for coaches & workers.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY Coach Kanella Andrews - 918-636-2444 Coach Doug Evans - 918-269-8025