

Inola High School

801 E. Commercial Inola, OK 74036 PHONE 918-543-2404 FAX 918-543-2345

Paul Gruenberg, High School Principal

Heather Ellis, High School Assistant Principal {918-543-3116}

Sharla Harris High School Counselor 918-543-3128

Denise Jones High School Secretary 918-543-3132

Kristie Turner **High School Secretary** 918-543-1552

Inola High School Invitational Track Meet Class 4A and Below - Thursday, April 14, 2016

Coaches meeting - 9 am; Field events - 9:30 am; Running Time:

events - 10 am

High School Girls, High School Boys (All Timed Finals) Divisions:

Schools planning to attend this meet must submit their entries

on enduroentries.com by completing Steps 1 - 5.

The ENTRY DEADLINE for this meet is Wednesday, April 13th @ 4:00pm. This is a Roster Only meet.

1st through 5th place (No team trophies but points will be Medals:

\$100.00 per Team / \$20.00 per Individual (1-3 athletes) Entry Fee:

Please mail entry prior to the meet OR BRING THE DAY OF

THE MEET. No refunds.

Please make checks payable to:

Inola Public Schools

P.O. Box 819 Inola, OK 74036

Attention: Coach Andrews

Limitations: Each school is limited to one (1) relay team per event.

Each school is limited to three (3) competitors per event.

Each contestant is limited to four (4) events, including relays

& field events.

Starting blocks will be provided for all contestants.

1/4" spikes or shorter are required. NO team camps on the infield please.

PLEASE....DO NOT USE TAPE ON THE TRACK.

Lunch Break: Lunch will be provided for coaches & workers.

> OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY Coach Kanella Andrews - 918-636-2444 Coach Doug Evans - 918-269-8025