

Kingfisher Public Schools would like to invite you to the 6th Annual Kingfisher High School Inivitational Track & Field Meet on Saturday, April 2, 2016

ATTENTION: Coaches must submit your entries on www.enduroentries.com (TrackRoster). Complete Steps 1-5. You must

add the "Kingfisher High School Invitational" to your on-line schedule. **NO EXCEPTIONS!**

DEADLINE FOR ALL ENTRIES: MONDAY, MARCH 28th, 2016

Entry Fee:	\$90.00 (per boys team) and \$90.00 (per girls team) (\$180.00 total) \$50.00 (per B Team) \$10.00 per individual (up to 4) ** <u>Make checks payable to Kingfisher Track & Field</u> ** ***note*** no refunds for rainout once meet has started		
2 Divisions:	(1) High School Boys & (1) High School Girls **** ONLY SCHOOLS 4A and BELOW ****		
Timing:	We will be using Enduro Timing system ** THIS IS A TIMED FINALS MEET **		
Medals:	Plaques awarded for each Boys & Girls Team Champions & Boys & Girls Team Runner-Ups Custom medals awarded to the top <u>5</u> individual events & top <u>3</u> relays		
Entrants:	Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay.		
Schedule:	9:00 am - Coaches Meeting **Track room (big metal doors)** *Breakfast & coffee provided* 9:30 am - Field events *Shot Put West side of track* *Discus, across street to NW, use trail* 10:00 am - Running events ****We will feed coaches & bus drivers lunch****		
Rules:	All OSSAA Rules will apply Points will be awarded 10-8-6-4-2-1 and double for relays Only 1/4" or less spikes will be allowed on running or jumping surfaces Coaches & athletes only allowed on infield Concession stand available in southwest corner of track complex Field events = three attempts in prelims, top 8 will advance to finals = three more attempts		
Parking:	WEATHER PERMITTING, BUSSES MAY PARK ON THE GRASS ON THE SOUTH SIDE OF TRACK		
Contact:	Micah Nall (girls)mnall@kingfisher.k12.ok.uscell 405-315-6876Tom Arrington (boys)tomarrington@kingfisher.k12.ok.uscell 918-688-3282Confirm by E-Mail to one of the above coaches by Monday, March 28thKingfisher High School1500 S. 13th St Kingfisher, OK 73750		

KINGFISHER YELLOWJACKET TRACK & FIELD HIGH SCHOOL TRACK INVITATIONAL

ORDER OF EVENTS

Coaches Meeting at 9:00

Running Events Sta	Field Events Start at 9:30 AM		
ALL TIMED	<u> 3 attempts = Top 8 to Finals</u>		
400 M. Relay	G - B	Shot Put	B - G
3200 M. Relay	G - B	Discus	G - B
100 M. Hurdles (33	") G	Long Jump	G - B
110 M. Hurdles (39	High Jump	B - G	
3200 M. Run	В	Pole Vault	G - B
800 M. Relay	G - B		
800 M. Run	G - B		

100 M. Dash G - B

30 MINUTE BREAK

- 3200 M. Run G
- 400 M. Dash G B
- 300 M. Hurdles G (30") B (36")
 - 200 M. Dash G B
 - 1600 M. Run G B
 - 1600 M. Relay G B