

## 2016 MADILL WILDCAT INVITATIONAL

Friday, March 25, 2016

This meet is open to all teams 4A and below. If you plan on attending please respond by email to:

[mcooper@madillok.com](mailto:mcooper@madillok.com)

- COACHES MEETING:** 12:00 Noon in the weight room
- FIELD EVENTS:** 1:00
- RUNNING EVENTS:** 1:30
- TWO DIVISIONS:** High School Girls and High School Boys
- SCORING:** No Team Points Kept!!!
- AWARDS:** Medals will be given to the first three (3) placers in each event
- FIELD EVENTS:** Each athlete will be given three (3) preliminary throws and jumps. The top eight (8) will advance to the finals with three (3) additional attempts.
- HEATING:** Done at the heating benches on east end of the field
- CONCESSIONS/  
ADMISSION:** The concession stand will be open and admission will be charged for spectators.
- PARKING:** Bus parking on the west end of the stadium
- ENTRY FEE:** \$75 per division - \$140 for both boys and girls teams
- TO ENTER:** Confirm by email to: [mcooper@madillok.com](mailto:mcooper@madillok.com)
- Check payable to: Madill High School Track  
Milton Cooper, Head Track Coach  
Madill High School  
601 W. McArthur  
Madill, OK 73446

<b>FIELD EVENTS:</b>	<b>1:00</b>
SHOT PUT	GIRLS, BOYS
DISCUS	BOYS, GIRLS
LONG JUMP	GIRLS, BOYS
HIGH JUMP	BOYS, GIRLS
POLE VAULT	BOYS, GIRLS

<b>RUNNING EVENTS:</b>	<b>1:30</b>
4 X 100 RELAY	GIRLS, BOYS
4 X 800 RELAY	GIRLS, BOYS
100 HURDLES	GIRLS
110 HURDLES	BOYS
3200 RUN	GIRLS, BOYS
4 X 200 RELAY	GIRLS, BOYS
800 RUN	GIRLS, BOYS
100 DASH	GIRLS, BOYS
400 DASH	GIRLS, BOYS
300 HURDLES	GIRLS, BOYS
200 DASH	GIRLS, BOYS
THROWERS RELAY	(MUST THROW SHOT OR DISCUS· MUST HAVE AT LEAST <u>ONE</u> GIRL)
1600 RUN	GIRLS, BOYS
4 X 400 RELAY	GIRLS, BOYS