



# 2016 Mid-Del/OKC Middle School Track Challenge

Tuesday, March 29th, 2016  
12 Team Limit

This meet is open to the first 12 teams interested in attending. If you plan on attending, please email:  
[Grideau@mid-del.net](mailto:Grideau@mid-del.net)  
[cgeary@mid-del.net](mailto:cgeary@mid-del.net)

**ATTENTION COACHES:** The On-line Entry DEADLINE for our meet is **the day before the meet @ 5pm.** (((The meet will be CLOSED at 5pm!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "ENDURO Entries" website by completing ALL FIVE (5) On-line Steps. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can **NOT** be entered manually by our timing crew at the meet. - - - **NO exceptions allowed this year.** - - - Please log into your ENDURO Entries (TrackRoster) account at: [www.enduroentries.com](http://www.enduroentries.com)

## **COACHES' MEETING**—9:15 (South End Zone of Football field)

Each coach should pick up his/her team roster (which will include each student's competition number) before the coaches meeting.

--- Please bring a black Sharpie to write the numbers on the back of each students right hand.)

## **RUNNING EVENTS**—9:30 (Rolling Schedule)

**Entry fees are as follow:** All 4 Divisions---\$240 or \$80.00 for each team in each division. (6<sup>th</sup> Grade division included with 7<sup>th</sup> Grades)

**SCORING:** 10-8-6-4-2-1/ 20-16-12-8-4-2

**AWARDS:** Team: Champions for Boys and Girls Division.  
Individual and Team relay.

**CONCESSIONS / ADMISSION:** The concession stand will be open. Admission will be charged for spectators. Restrooms will be available, No dressing rooms will be available.

**PARKING :** Bus parking on the East side of the stadium.

## **TO ENTER:**

1. CONFIRM BY EMAIL TO: [grideau@mid-del.net](mailto:grideau@mid-del.net)
2. Submit entries on [enduroentries.com](http://enduroentries.com) **before 5pm** – **the day before the meet**
3. Send check payable to "Del City High School"  
To: Nick Warehime Del City Track & Field  
1900 S. Sunnyslane Rd. Del City, OK 73115



# Mid-Del/OKC Middle School Track Challenge

Tuesday, March 29, 2016

9:15 Coach's meeting/9:30 START TIME

4X100m Relay	7G-7B-8G-8B
4x800m Relay	7G-7B-8G-8B
110m Hurdles	7G-7B-8G-8B
100m Hurdles	7G-7B-8G-8B
100m Dash	7G-7B-8G-8B
4x200m Relay	7G-7B-8G-8B
800m Run	7G-7B-8G-8B
400m Dash	7G-7B-8G-8B
300m Hurdles	7G-7B-8G-8B
200m Dash	7G-7B-8G-8B
1600m Run	7G-7B-8G-8B
4x400m Relay	7G-7B-8G-8B

**Attention Coaches:**

Students must have their competition number written on the back of their right had (with a black Sharpie) BEFORE they will be allowed to check into their events.

Field Events

SHOT	7G-7B-8G-8B
DISCUS	7G-7B-8G-8B
HIGH JUMP	7G-7B-8G-8B
LONG JUMP	7G-7B-8G-8B

\*\*\*\*\* ALL EVENTS ROLLING SCHEDULE\*\*\*\*\*



# Mid-Del/OKC Middle School Track Challenge

INVOICE

2016

TEAM: \_\_\_\_\_

AMOUNT OWED: \_\_\_\_\_

LATE FEE: \_\_\_\_\_

Mid-Del/OKC Middle School Track Challenge:

\$240/\$80.00 for each team in each division. (6<sup>th</sup> Grade division included with 7<sup>th</sup> Grades)

\*\*\*\*\* Make checks payable to "Del City High School" \*\*\*\*\*

To: Nick Warehime  
Attn. Nick Warehime Del City Track & Field  
1900 S. Sunnyslane Rd. Del City, OK 73115

\*Please send form with check thank you\*