

**1st Annual Brian Donaldson Elementary Track Meet,
Saturday, March 26th, 2016**

On behalf of Ron & Don Mayes, we would like to extend to you and your teams a sincere invitation to participate in our 5th & 6th Boys and Girls Track and Field Competition. The following will give you the information you need for the meet. This will be a timed finals meet.

ENTRY FEE: \$25.00 for each boys team and each girls team. Individual entries will be \$10.00 charge per athlete. THERE WILL NOT BE A POLE VAULT COMPETITION IN THIS MEET (Please make checks payable to Muskogee Athletic Dept.) **WRIST BANDS WILL BE GIVEN TO PARTICIPANTS FOR IDENTIFICATION PURPOSES** **NO WRIST BAND NO RUN**

TIME: All teams report to Muskogee Track by 8:00 a.m. for REGISTRATION AND ENTRY. Field events will begin at 10:00. All running events start at 11:00 p.m.

DIVISIONS: There will be 4 DIVISIONS 5th Boys, 6th Boys, 5th Girls, 6th Girls. EACH ATHLETE IS ONLY ALLOWED 3 ENTRIES (EXAMPLE: ONE ATHLETE COULD ENTER 1 FIELD EVENT AND 2 RACES OR HE OR SHE COULD ENTER 3 RACES ECT.

MEDALS: We will give medals to the first Three placers.

TEAM POINTS: No points will be awarded, we will not score this meet; Medals will be given to the first three placers.

EQUIPMENT: Muskogee will furnish all starting blocks to contestants. Spikes ¼ö or shorter are allowed.

COACHES: Timing will be hand held; We may need some assistance at the finish line with a watch if we are short handed; Thanks for your cooperation.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY.

Don Mayes
Meet Director
Cell: 918-616-4410

Ron Mayes
Asst. Meet Director
918-616-3440

**Please notify Don or Ron by March 22nd if you plan to attend.
Track Meet Manager: David Heath 918-869-7958**

_____ YES We plan to participate in the Muskogee Police Dept. Track meet on Sat., Mar. 26th , at 10:00 a.m.

_____ School, _____ Boys, _____ Girls, _____ # Coaches

**BRIAN DONALDSON
ELEMENTARY
TRACK MEET SCHEDULE**

FIELD EVENTS:

10:00 A.M.

HIGH JUMP	5 TH BOYS, 6 TH BOYS, 5 TH GIRLS, 6 TH GIRLS
LONG JUMP	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
SHOT PUT	5 TH BOYS, 6 TH BOYS, 5 TH GIRLS, 6 TH GIRLS (8 LBS. SHOT PUTS WILL BE PROVIDED)

RUNNING EVENTS:

11:00 (TIMED FINALS)

400M RELAY	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
1600M RUN	5 TH GIRLS , 6 TH GIRLS, 5 TH BOYS 6 TH BOYS
100M DASH	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
400M RUN	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
20 MIN. BREAK	
800M RELAY	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
800M RUN	5 th GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
200M RUN	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS
1600 METER RELAY	5 TH GIRLS, 6 TH GIRLS, 5 TH BOYS, 6 TH BOYS