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# SPROCKET TRACK CLASSIC

FRIDAY, APRIL 22<sup>nd</sup>, 2016 AT THE INDIAN  
BOWL, IN MUSKOGEE OK.

MEET WILL START AT 3:30

On behalf of the Muskogee Public School System and David Miller II, President of Cross/MBO companies, would like to extend to you and your teams a sincere invitation to participate in our **High School Boys & Girls Track Meet**. The following will give you the information you need for the meet. **This will be a timed finals meet.**

**ENTRY FEE:** \$80.00 for each boys team and each girls team, and \$15.00 per individual, if less than four members on a team. **B teams may compete with an additional entry fee.** (PLEASE MAKE CHECKS PAYABLE TO MUSKOGEE HIGH SCHOOL ATH. DEPT.)

**TIME:** All teams report to the Indian Bowl, located at the Muskogee Jr. High, at 3:00 p.m. for coaches meeting. Field events & THE 2 MILE RUN will begin at 3:30 p.m.; The rest of the Running events will start at 4:30 p.m.;

**DIVISIONS:** There will be a Boys Division and a Girls Division.

**MEDALS:** We will give medals to the 1st through 5th place. No points will be awarded, we will not score this meet;

**EQUIPMENT:** Muskogee will furnish all starting blocks to contestants. Spikes ¼+or shorter are allowed.

**ATTENTION COACHES:** the On-line Entry DEADLINE for our meet is Thursday, April 24<sup>th</sup> @ 4 p.m. (((The meet will be CLOSED at 4pm!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "**ENDURO Entries**" website by completing **ALL FIVE (5) On-line Steps**. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can **NOT** be entered manually by our timing crew at the meet. - - - **NO exceptions allowed this year.** - - - Please log into your ENDURO Entries (TrackRoster) account at: [www.enduroentries.com](http://www.enduroentries.com)

There will be a coaches DINNER served at 6:00 p.m.. We hope that you and your teams can be with us for this track meet.

**OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY.**

**CONTACT INFORMATION:** If you have any questions please contact David Heath at 918-869-7958; or Angie Hillman at 918-685-9785. **Please notify me or the Athletic Dept. by April 21<sup>st</sup> if you plan to attend.** My email is david-heath@mpsi20.org.

## SPOCKET TRACK CLASSIC

### ORDER OF EVENTS:

**COACHES MEETING: 3:00**

### FIELD EVENTS: (GIRLS AND BOYS 3200M RUN)

**3:30 P.M.**

HIGH JUMP	BOYS (5-8) . GIRLS (4-6)
LONG JUMP	GIRLS (15q) . BOYS (18+)
SHOT	BOYS (40+) . GIRLS (30q)
DISCUS	GIRLS (100q) . BOYS (120q)
POLE VAULT	GIRLS (8q) . BOYS (11q)

### RUNNING EVENTS:

**4:30 P.M.**

<b>400M RELAY</b>	<b>GIRLS- BOYS</b>
3200 M RELAY	GIRLS . BOYS
100 M HURDLES	GIRLS
110 M HURDLES	BOYS
100 M DASH	GIRLS . BOYS
800M RUN	GIRLS - BOYS
800 M RELAY	GIRLS - BOYS
400 M DASH	GIRLS . BOYS
300 M HURDLES	GIRLS (30+) . BOYS (36+)
200 M DASH	GIRLS - BOYS
1600 M RUN	GIRLS . BOYS
THROWERS RELAY	(MUST HAVE ONE GIRL RUN)
1600 M RELAY	GIRLS . BOYS