

Gregg Byram Track and Field Classic
Norman High School
Friday, March 25, 2016
Norman, Oklahoma

On behalf of the Norman Public Schools, we would like to extend an invitation to participate in our boys and girls track meet. The meet will be held on Friday, March 25, 2016. You need to verify you will be attending via e-mail to ensure there is still room. Teams allowed to compete will be strictly a first-come, first-serve basis.

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 - 5 for "Seeded Entries" meets. The entry deadline for this meet is Tuesday March 22nd, 2016 by 6:00pm. This is a Seeded Entries meet. Log into your TrackRoster account at www.trackroster.com

Time Line:

- 10:00 Coaches meeting (in hospitality room)
- 11:00 Field events begin
- 11:30 Running events begin

General:

- 4 event limit per contestant
- Each school may enter 3 individuals per event
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Participants must wear ¼" or less spikes
- No tape on track (tennis balls will be provided)
- Contestants will be heated up on field
- Awards may be picked up at the press box following 1600-meter relay
- Trophies will be awarded to the top two teams
- Medals will be awarded to the top 3 places
- Shot, disc, and the long jump will get 3 attempts in the prelims, and the top 8 will get 3 more attempts in the finals
- \$90.00 for each boys and girls team. \$10 per individual if 5 or less team members. There will be 2

divisions, boys and girls If you plan on attending, you must do the following:

1. You must notify Scott Monnard that you plan to attend (smonnard@norman.k12.ok.us or (405) 420-5951).
2. You must have all your athletes listed on TrackRoster.com (with times/marks) at least three days prior to meet.

Entry Fee: \$90.00 per team.

Make checks to: Norman High School

Mail payment to: Norman High School

Attn: Shari Dillard

911 West Main

Norman, Okla. 73069

(405) 366-5812

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Friday, March 25, 2016
SCHEDULE OF EVENTS

10:00 Coaches Meeting (in hospitality room)

11:00 Field Events

11:30 Running Events and timed finals

Field Events 11:00

High Jump Girls-Boys

Long Jump Boys-Girls

Discus Girls-Boys

Shot Boys-Girls

Pole Vault Boys-Girls

Running Events 11:30

4 x 100 Relay Girls-Boys

4 x 800 Relay Girls-Boys

100 Hurdles Girls (33)

110 Hurdles Boys (39)

3200 Run Girls-Boys

4 x 200 Relay Girls-Boys

800 Dash Girls-Boys

100 Dash Girls-Boys

400 Dash Girls-Boys

300 Hurdles Girls (30)

300 Hurdles Boys (36)

200 Dash Girls-Boys

1600 Run Girls-Boys

4 x 400 Relay Girls-Boys