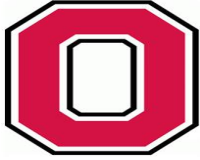


OKMULGEE PUBLIC SCHOOLS &



OKMULGEE HIGH SCHOOL

Presents the

2016 BULLDOG INVITATIONAL

On behalf of the Okmulgee High School and Okmulgee Public Schools, we are extending an invitation to participate in our High School Boys and Girls Track and Field meet. We have a new 8 lane track and it promises to be a very fast and well ran venue.

Location: Harmon Stadium 601 E. 12th St Okmulgee, OK West on 13th off of Highway 75 then right on Rogers St Buses Park in Big Lot
(918)758-2075 Phone # (918)758-2096 fax #

Entry Fee: **\$90.00** for each division if you confirm early. **\$100.00** if you don't confirm.
For teams of four athletes or less: \$12.00 per person. Please make checks payable To Okmulgee High School.

ATTENTION COACHES:

The On-line Entry DEADLINE for our meet is Thursday, March 24th @ 5pm. ((The meet will be CLOSED at 5pm!))) No late entries accepted. - - - Schools planning to attend this meet must submit their entries on the "**ENDURO Entries**" website by completing **ALL FIVE (5) On-line Steps**. If your team/school does not complete ALL FIVE (5) On-line Entry Steps, your school/team can **NOT** be entered manually by our timing crew at the meet. - - - **NO exceptions allowed this year.** - - - Please log into your ENDURO Entries (TrackRoster) account at: www.enduroentries.com Contact me at **Kgordon@Okmulgeeps.com (918) 813-6340 cell #**

Buses enter from 13th and Rogers just east of the stadium

Divisions: There will be 4 Divisions: Boys, Girls, OSSAA TRACK RULES APPLY

Date/ Time: March 25, 2016. Coaches meeting will be at 9:30am and the meet starts at 10:00.

Limitations: Each school is limited to 1 relay team per division. B teams are permitted only by Permission of Coach Pankey with a fee of \$20.00 per B team.
Each School is limited to 3 competitors per event. Each contestant is limited to 4 Events, including relays and field events.

Medals: Medals will be awarded to the top three finishers in each event.

Trophies: Plaques will be awarded to 1st and 2nd place teams in both divisions.

Team Points: Points will be scored as followed: 10, 8, 6,4,2,1 & doubled for relays.

Equipment: Okmulgee will furnish all starting blocks. ¼ spikes or shorter are required.

Facilities: No Dressing Facilities and restrooms will be on the south side of the stadium.

Dinner: We will have dinner during the meet for coaches and workers.

Bulldog Schedule of Events

03/25/16

Bulldog Invitational

Bulldog Invitational:

March 25th, 2016

9:30 Coaches meeting in the Lockerroom

10:00 Field Events Begin

Note: There will be 3 jumps and throws in Field events.
And the top 8 will go to finals for 3 more attempts.

Long Jump- Boys, Girls

Shot- Girls, Boys

Discus- Boys, Girls

Pole Vault- Boys, Girls

High Jump-Girls, Boys

Timed Finals Meet

11:00	400 Relay	Girls	Boys	
	3200 Relay	Girls	Boys	
	100 Hurdles	33ö Girls		
	110 Highs	39ö	Boys	
	100m Dash	Girls	Boys	
	3200 Run		Boys	
	800 Relay	Girls	Boys	
	3200 Run	Girls		
	BREAK	BREAK	BREAK	40mins
		400m Dash	Girls	Boys
800m Dash		Girls	Boys	
300 Hurdles		Girls	Boys	
200m Dash		Girls	Boys	
1600m Run		Girls	Boys	
1600m Relay		Girls	Boys	

There will be a coaches meal provided at the beginning of the girls 3200 run.