

Oologah HS Track Invitational

DATE: FRIDAY, APRIL 1st 2016
TIME: COACHES MEETING 2:30PM
FIELD EVENTS 3:00PM
RUNNING EVENTS 3:30PM

COST: \$80.00/TEAM
\$15.00/INDIVIDUAL

DIVISIONS: THERE WILL BE TWO DIVISIONS.
HS BOYS AND HS GIRLS

PARTICIPATION: EACH SCHOOL IS LIMITED TO THREE PARTICIPANTS PER EVENT.
PARTICIPANTS MAY ENTER NO MORE THAN FOUR EVENTS. STARTING BLOCKS
WILL BE PROVIDED AND SPIKES SHOULD BE ¼" OR SHORTER.
OSSAA RULES APPLY.

SEND ENTRY FEES TO: OOLOGAH-TALALA ATHLETICS
OOLOGAH HIGH SCHOOL
ATTN: BRANDON CRAIG, ATHLETIC DIRECTOR
10700 S. HWY 169
OOLOGAH, OK 74053

LIMIT 15 TEAMS

AWARDS: MEDALS TO THE TOP 3 PERFORMERS IN EACH EVENT.
PLAQUES TO THE TOP 2 TEAMS IN EACH DIVISION

LOCATION: OOLOGAH HIGH SCHOOL (MUSTANG STADIUM)
10700 S. HWY 169, OOLOGAH, OK 74053

MEET DIRECTOR: BRANDON CRAIG, ATHLETIC DIRECTOR

PHONE: 918-443-6174

EMAIL: brandon.craig@oologah.k12.ok.us

*Restrooms and Concessions will be available.

*There will be a Coaches Hospitality Room.

PLEASE EMAIL OR CALL BY MARCH 1ST TO LET ME KNOW IF YOU WILL BE ATTENDING.

**OOLOGAH HS INVITATIONAL
ORDER OF EVENTS**

FIELD EVENTS

3:00PM

High Jump – Boys/Girls
Long Jump – Girls/Boys
Pole Vault – Girls/Boys
Shot Put – Boys/Girls
Discus – Girls/Boys

RUNNING EVENTS (TIMED FINALS)

3:30PM

400 Meter Relay Girls/ Boys
3200 Meter Relay Girls/Boys
100 Meter Hurdles 33" Girls
110 Meter Hurdles 39" Boys
3200 Meter Run Boys
800 Meter Relay Girls/Boys
800 Meter Run Girls /Boys
100 Meter Dash Girls/ Boys

PROPOSED BREAK

3200 Meter Run Girls
400 Meter Dash Girls/Boys
300 Meter Hurdles 30" Girls
300 Meter Hurdles 36" Boys
200 Meter Dash Girls/Boys
1600 Meter Run Girls/Boys
1600 Meter Relay Girls/Boys

THANKS FOR YOUR PARTICIPATION AND PLEASE CLEAN UP YOUR CAMP AREA.