

Christmas Indoor Track & Field Meet

Saturday December 12, 2015

Location:

On the campus of
Oral Roberts University
7777 S. Lewis Ave.
Tulsa, OK 74171

Running events will take place in the Aerobic Center. The Pole Vault, High Jump and Shot Put will be ran in the HA Chapman Indoor Facility behind the baseball field.

Cost:

\$25 per athlete. Please make all checks payable to Joe Dial. Athletes are allowed to participate in unlimited events.

Registration:

Onsite from 11:00-12:30. Registration for running events will be in the Aerobic Center. Registration for Pole Vault, High Jump and Shot Put in the HA Chapman Facility.

Start Time:

Pole Vault, Shot Put and 400 meter dash begin at 1pm. The remaining running events will be contested on a rolling schedule. High Jump will begin at 4pm. Women will compete first, followed by men. Exception will be Pole Vault, which will progress according to opening heights.

Certification:

Meet will be certified by the USATF and will be ran in compliance with the USATF rules and regulations. All runners will compete unattached or as part of a club but may not run as part of a high school team as meet will not be OSSAA sanctioned.

Additional Information:

Coach Shawn Venable at 918-902-2913 (Cell) or slvenable@gmail.com

Christmas Indoor Track & Field Meet Registration Form

Name: _____

Date of Birth: _____ MALE: _____ FEMALE: _____

Phone Number: _____

ADDRESS: _____

Club Affiliation or Unattached: _____

ORU Indoor Track Meet Events:

Pole Vault

High Jump

Shot Put

400 Meter Dash

40 Yard Dash

40 Yard Hurdles

800 Meter Dash

200 Meter Dash

Mile Run

4x400m Relay

I realize that with any athletic competition that the risk of injury is present and I hereby release Oral Roberts University, its founders and administrators, as well as the clinic and meet staff from any liability due to any injury I may receive while attending the Christmas Indoor Track & Field Meet.

Athlete signature

Date

Parent /Guardian signature (if under 18)

Date
