



John Jacobs High School Invitational

April 22, 2016

Tentative Meet Information Packet

NOTE: The meet is open to interested teams as well as individual athletes who have met a qualifying standard.

Please contact Jason Dunn (jason.dunn@ou.edu) for consideration and acceptance.

Events & Schedule

The information listed here is **FINAL**. The number of accepted entries will determine the final list of events, time schedule and number of heats. A tentative time schedule is included. A **FINAL** time schedule will be posted on www.soonersports.com following the close of entries.

Entry Deadline

11:59 PM (CT) Monday, April 18, 2016.

Entry Procedure

All entries are to be done online with Direct Athletics (www.directathletics.com). Team entries will be accepted based on invitation only. Phone, email or faxed entries will not be accepted.

Entry Fee

Team entry fee (14 or more athletes) is \$100 per gender per team or \$20 per individual / relay with 13 or less athletes. **Checks can be made payable to “The University of Oklahoma”. School name and address must be provided for teams not paying at packet pick-up**

Entry Limitations

Each school is limited to **THREE** athletes per running event, **TWO** athletes per field event, and **ONE** relay team per event. Each team will also be allotted **THREE** wildcard entries per gender.

Wildcard Entries

Wildcard entries must be received via E-mailed to the meet director (Jason.dunn@ou.edu) by the close of entries on April 18th at 11:59PM (CT).

Accepted Entries	All accepted entries will be posted on our website as soon as possible following the close of entries (www.soonersports.com).
Meet Schedule	The schedule given here is tentative and MAY BE REVISED. A final schedule will be posted on our website as soon as possible following the close of entries (www.soonersports.com).
Heat Sheets	Heat sheets will be available online no later than Thursday, April 21 st .
Packets	Coaches may pick up packets in the Mosier Center lobby on Friday, April 22 nd beginning at 9:30 am.
Parking	Parking is available in the eastern most portion of the Duck Pond parking lot. Enter the lot from Brooks Street and head to the far east end (the end closest to the Duck Pond). Please see the enclosed map for more parking information.
Implement Weigh-In	Weights and Measures will be located at the throws area. All implements must be weighed-in at least one hour prior the start of each throwing event.
Spikes	Spikes must not exceed 1/4". High jumpers may use 3/8" spikes. Spikes will be checked as part of the check-in process.
Scoring / Rules	Scoring will be conducted as follows: 10-8-6-4-2-1 with relays scoring double. The meet will be conducted under the rules of the Oklahoma Secondary Schools Association.
Results	Live results will be available at http://www.cfpitiming.com and will be posted on the University of Oklahoma Athletics website - www.soonersports.com following the conclusion of the event.
Awards	Medals will be awarded to the top 4 finishers in each event. Team trophies will be presented to the top two teams.
Meet Information	Please direct all inquiries to the meet director. Also, please remember to check the website for updated information as well as the final schedule of events.
Meet Director	Jason Dunn email: Jason.dunn@ou.edu

TENTATIVE SCHEDULE: JOHN JACOBS HIGH SCHOOL INVITATIONAL
FRIDAY, APRIL 22, 2016

FIELD EVENTS

Time	Event	Gender
10:00 AM	Discus Throw	Girls
10:00 AM	Shot Put	Boys
11:00 AM	High Jump	Girls
11:00 AM	Long Jump	Boys
11:00 AM	Pole Vault	Boys
12:30 PM	Shot Put	Girls
1:00 PM	Discus Throw	Boys
1:30 PM	High Jump	Boys
1:30 PM	Long Jump	Girls
1:30 PM	Pole Vault	Girls

RUNNING EVENTS

Time	Event	Gender
10:30 AM	4 X 100 Meter Relay	Girls
10:40 AM	4 X 100 Meter Relay	Boys
10:50 AM	4 X 800 Meter Relay	Girls
11:05 PM	4 X 800 Meter Relay	Boys
11:20 PM	100 Meter Hurdles	Girls
11:35 PM	110 Meter Hurdles	Boys
11:45 PM	3200 Meter Run	Girls
12:10 PM	3200 Meter Run	Boys
12:25 PM	4 X 200 Meter Relay	Girls
12:35 PM	4 X 200 Meter Relay	Boys
12:45 PM	800 Meters Run	Girls
1:55 PM	800 Meters Run	Boys
1:10 PM	100 Meter Dash	Girls
1:15 PM	100 Meter Dash	Boys
1:30 PM	400 Meter Dash	Girls
1:45 PM	400 Meter Dash	Boys
2:05 PM	300 Meter Hurdles	Girls
2:20 PM	300 Meter Hurdles	Boys
2:30 PM	200 Meter Dash	Girls
2:45 PM	200 Meter Dash	Boys
3:00 PM	1600 Meter Run	Girls
3:15 PM	1600 Meter Run	Boys
3:30 PM	4 X 400 Meter Relay	Girls
3:40 PM	4 X 400 Meter Relay	Boys

October 22, 2015

PARKING INFORMATION MAP

